

# Virtual Visit & Reimbursement Guide

## TENNESSEE

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### Definition:

There are two types of telehealth services:

- **Asynchronous Telehealth (Store & Forward)** is the transfer of digital images, sounds, or previously recorded video from one location to another to allow a consulting practitioner (usually a specialist) to obtain information, analyze it, and report back to the referring practitioner. This is a non-interactive telecommunication because the physician or health care practitioner views the medical information without the patient being present.
- **Synchronous Telehealth** is real-time interactive video teleconferencing that involves communication between the patient and a distant practitioner who is performing the medical service. The practitioner sees the patient throughout the communication, so that two-way communication (sight and sound) can take place.

### CPT/HCPCS Codes:

#### Synchronous Audio/Video CPT Codes:

- **98000:** Synchronous audio-video visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination and straightforward medical decision making. When using total time on the date of the encounter for code selection, 15 minutes must be met or exceeded
- **98001:** Synchronous audio-video visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination and low medical decision making. When using total time on the date of the encounter for code selection, 30 minutes must be met or exceeded
- **98002:** Synchronous audio-video visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination and moderate medical decision making. When using total time on the date of the encounter for code selection, 45 minutes must be met or exceeded
- **98003:** Synchronous audio-video visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination and high medical decision making. When using total time on the date of the encounter for code selection, 60 minutes must be met or exceeded
- **98004:** Synchronous audio-video visit for the evaluation and management of an established patient, which requires a medically appropriate history and/or examination and straightforward medical decision making. When using total time on the date of the encounter for code selection, 10 minutes must be met or exceeded
- **98005:** Synchronous audio-video visit for the evaluation and management of an established patient, which requires a medically appropriate history and/or examination and low medical decision making. When using total time on the date of the encounter for code selection, 20 minutes must be met or exceeded
- **98006:** Synchronous audio-video visit for the evaluation and management of an established patient, which requires a medically appropriate history and/or examination and moderate medical decision making. When using total time on the date of the encounter for code selection, 30 minutes must be met or exceeded
- **98007:** Synchronous audio-video visit for the evaluation and management of an established patient, which requires a medically appropriate history and/or examination and high medical decision making. When using total time on the date of the encounter for code selection, 40 minutes must be met or exceeded

Other CPT/HCPCS are often eligible to be reported via synchronous audio/video telehealth (refer to payor guidelines section for specific code sets)

#### Synchronous Audio-Only CPT Codes:

- **98008:** Synchronous audio-only visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination, straightforward medical decision making, and more than 10 minutes of medical discussion. When using total time on the date of the encounter for code selection, 15 minutes must be met or exceeded
- **98009:** Synchronous audio-only visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination, low medical decision making, and more than 10 minutes of medical discussion. When using total time on the date of the encounter for code selection, 30 minutes must be met or exceeded
- **98010:** Synchronous audio-only visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination, moderate medical decision making, and more than 10 minutes of medical discussion. When using total time on the date of the encounter for code selection, 45 minutes must be met or exceeded
- **98011:** Synchronous audio-only visit for the evaluation and management of a new patient, which requires a medically appropriate history and/or examination, high medical decision making, and more than 10 minutes of medical discussion. When using total time on the date of the encounter for code selection, 60 minutes must be met or exceeded

- **98012:** Synchronous audio-only visit for the evaluation and management of an established patient, which requires a medically appropriate history and/or examination, straightforward medical decision making, and more than 10 minutes of medical discussion. When using total time on the date of the encounter for code selection, 10 minutes must be exceeded
- **98013:** Synchronous audio-only visit for the evaluation and management of an established patient, which requires a medically appropriate history and/or examination, low medical decision making, and more than 10 minutes of medical discussion. When using total time on the date of the encounter for code selection, 20 minutes must be met or exceeded
- **98014:** Synchronous audio-only visit for the evaluation and management of an established patient, which requires a medically appropriate history and/or examination, moderate medical decision making, and more than 10 minutes of medical discussion. When using total time on the date of the encounter for code selection, 30 minutes must be met or exceeded
- **98015:** Synchronous audio-only visit for the evaluation and management of an established patient, which requires a medically appropriate history and/or examination, high medical decision making, and more than 10 minutes of medical discussion. When using total time on the date of the encounter for code selection, 40 minutes must be met or exceeded

### **Place of Service Codes**

#### **POS 02: Telehealth Provided Other than in Patient's Home**

- The location where health services and health related services are provided or received, through telecommunication technology. Patient is not located in their home when receiving health services or health related services through telecommunication technology.

#### **POS 10: Telehealth Provider in Patient's Home**

- The location where health services and health related services are provided or received through telecommunication technology. Patient is located in their home (which is a location other than a hospital or other facility where the patient receives care)

### **Modifiers**

#### **Synchronous Telehealth Modifiers:**

- **95:** synchronous telemedicine service rendered via real-time interactive audio and video telecommunications system
- **GT:** Via interactive audio and video telecommunication systems
- **G0:** Telehealth services furnished for purposes of diagnosis, evaluation, or treatment of symptoms of an acute stroke
- **FQ:** The service was furnished using audio-only communication technology.
- **93:** Synchronous telemedicine service rendered via telephone or other real-time interactive audio-only telecommunications system

#### **Asynchronous Telehealth Modifier:**

- **GQ:** Via an asynchronous telecommunications system

#### **Reporting Criteria:**

- Must be initiated by the patient
- Communication must be a direct interaction between the patient and the healthcare professional
- HIPAA compliant platform must be utilized

#### **Documentation Requirements:**

Telehealth services have the same documentation requirements as a face-to-face encounter. The information of the visit, history, review of systems, consultative notes, or any information used to make a medical decision about the patient should be documented. In addition, the documentation should note that the service was provided through telehealth, both the location of the patient and the provider, and the names and roles of any other persons participating in the telehealth visit, and the length of the call. Obtain consent at the start of the visit and ensure consent is documented. Maintain a permanent record of the telehealth visit in the patient's medical record.

**Definition:**

Online Digital Evaluation and Management Services (E-Visits) are an E/M service provided by a Qualified Healthcare Professional or an assessment provided by a Qualified Nonphysician Healthcare Professional to a patient using an audio and visual software-based communication, such as a patient portal.

**CPT/HCPCS Codes:**

Reportable by a Qualified Healthcare Professionals:

- **99421:** Online digital evaluation and management service, for an established patient, for up to 7 days, cumulative time during the 7 days; 5-10 minutes.
- **99422:** Online digital evaluation and management service, for an established patient, for up to 7 days, cumulative time during the 7 days; 11-20 minutes.
- **99423:** Online digital evaluation and management service, for an established patient, for up to 7 days, cumulative time during the 7 days; 21 or more minutes.

Reportable by Qualified Nonphysician Healthcare Professionals (Physical Therapists, Occupational Therapists, Speech Language Pathologists, Clinical Psychologists Registered Dietitian, etc.):

- **G2061/98970:** Nonphysician qualified healthcare professional online digital assessment and management, for an established patient, for up to 7 days, cumulative time during the 7 days; 5-10 minutes
- **G2062/98971:** Nonphysician qualified healthcare professional online digital assessment and management, for an established patient, for up to 7 days, cumulative time during the 7 days; 11-20 minutes
- **G2063/98972:** Nonphysician qualified healthcare professional online digital assessment and management, for an established patient, for up to 7 days, cumulative time during the 7 days; 21 or more minutes

**Reporting Criteria:**

- Online visits must be initiated by the patient. However, practitioners can educate beneficiaries on the availability of e-visits prior to patient initiation.
- The patient must be established
- E-Visit codes can only be reported once in a 7-day period.
- Cannot report when service originates from a related E/M service performed/reported within the previous 7 days, or for a related problem within a postoperative period.
- E-Visits are reimbursed based on time.
  - The 7-day period begins when the physician personally reviews the patient's inquiry.
  - Time counted is spent in evaluation, professional decision making, assessment and subsequent management.
  - Time is accumulated over the 7 days and includes time spent by the original physician and any other physicians or other qualified health professionals in the same group practice who may contribute to the cumulative service time.
  - Does not include time spent on non-evaluative electronic communications (scheduling, referral notifications, test result notifications, etc.). Clinical staff time is also not included.

**Documentation Requirements:**

These are time-based codes, and documentation must support what the physician did and for how long. Time is documented and calculated over the 7-day duration and must meet the CPTs time requirement. Obtain verbal consent at the start of the visit and ensure the consent is documented. Maintain a permanent record of the telehealth visit in the patient's medical record.

**Definition:**

A brief check in between a practitioner and a patient via telephone or other audiovisual device to decide whether an office visit or other service is needed. A remote evaluation is recorded video and/or images submitted by an established patient.

**CPT/HCPCS Codes:**

- **98016:** Brief communication technology-based service (eg, virtual check-in) by a physician or other qualified health care professional who can report evaluation and management services, provided to an established patient, not originating from a related evaluation and management service provided within the previous 7 days nor leading to an evaluation and management service or procedure within the next 24 hours or soonest available appointment, 5-10 minutes of medical discussion
- **G2010:** Remote evaluation of recorded video and/or images submitted by an established patient (e.g., store and forward), including interpretation with follow-up with the patient within 24 business hours, not originating from a related E/M service provided within the previous 7 days nor leading to an E/M service or procedure within the next 24 hours or soonest available appointment.
- **G2250:** Remote assessment of recorded video and/or images submitted by an established patient (e.g., store and forward), including interpretation with follow-up with the patient within 24 business hours, not originating from a related service provided within the previous 7 days nor leading to a service or procedure within the next 24 hours or soonest available appointment.
- **G2251:** Brief communication technology-based service, e.g. virtual check-in, by a qualified health care professional who cannot report evaluation and management services, provided to an established patient, not originating from a related service provided within the previous 7 days nor leading to a service or procedure within the next 24 hours or soonest available appointment; 5-10 minutes of clinical discussion.
- **G2252:** Brief communication technology-based service, e.g. virtual check-in, by a physician or other qualified health care professional who can report evaluation and management services, provided to an established patient, not originating from a related e/m service provided within the previous 7 days nor leading to an e/m service or procedure within the next 24 hours or soonest available appointment; 11-20 minutes of medical discussion
- **G0071:** Payment for communication technology-based services for 5 minutes or more of a virtual (non-face-to-face) communication between an rural health clinic (RHC) or federally qualified health center (FQHC) practitioner and RHC or FQHC patient, or 5 minutes or more of remote evaluation of recorded video and/or images by an RHC or FQHC practitioner, occurring in lieu of an office visit; RHC or FQHC only

**Reporting Criteria:**

- The patient must be established
- Communication must be a direct interaction between the patient and the practitioner. Not billable if performed by clinical staff.
- If the virtual check-in originates from a related E/M provided within the previous 7 days, then the service is considered bundled into that previous E/M and would not be separately billable.
- If the virtual check-in leads to an E/M within the next 24 hours or soonest available appointment, then the service is considered bundled into the pre-visit time of the associated E/M and would not be separately billable.

**Documentation Requirements:**

Documentation should include medical decisions made, names and roles of any persons participating in the evaluation, and the communication method (telephone, video/audio software, etc.). Obtain verbal consent at the start of the visit and ensure the consent is documented. Maintain a permanent record of the telehealth visit in the patient's medical record.

### Definition:

A telephone visit is an assessment and management service provided by a nonphysician qualified health care professional via audio telecommunication

### CPT/HCPCS Codes:

Reportable by Qualified Nonphysician Healthcare Professionals (Physical Therapists, Occupational Therapists, Speech Language Pathologists, Clinical Psychologists Registered Dietitian, etc.):

- **98966:** Telephone assessment and management service provided by a nonphysician qualified health care professional to an established patient, parent, or guardian not originating from a related assessment and management service provided with the previous 7 days nor leading to an assessment and management service or procedure within the next 24 hours or soonest available appointment; 5-10 minutes of medical discussion
- **98967:** Telephone assessment and management service provided by a nonphysician qualified health care professional to an established patient, parent, or guardian not originating from a related assessment and management service provided with the previous 7 days nor leading to an assessment and management service or procedure within the next 24 hours or soonest available appointment; 11-20 minutes of medical discussion
- **98969:** Telephone assessment and management service provided by a nonphysician qualified health care professional to an established patient, parent, or guardian not originating from a related assessment and management service provided with the previous 7 days nor leading to an assessment and management service or procedure within the next 24 hours or soonest available appointment; 21-30 minutes of medical discussion

### Reporting Criteria:

- Call must be initiated by the patient
- Communication must be a direct interaction between the patient and the healthcare professional
- If the call originates from a related E/M or assessment provided within the previous 7 days, then the service is considered bundled into that previous E/M or assessment and would not be separately billable
- If the call leads to an E/M or assessment within the next 24 hours or soonest available appointment, then the service is considered bundled into the pre-visit time of the associated E/M or assessment and would not be separately billable
- The patient must be established

### Documentation Requirements:

Documentation should include medical decisions made, the names and roles of any persons participating in the call, and the length of call. Obtain consent at the start of the visit and ensure the consent is documented. Maintain a permanent record of the telehealth visit in the patient's medical record.

# PAYOR MATRIX

PAYOR	E-VISIT	TELEHEALTH-AUDIO/VIDEO	TELEHEALTH-AUDIO ONLY	VIRTUAL CHECK-IN
AETNA	CONDITIONAL  Check Contracted Fee Schedule	ALLOWABLE  <u>Allowable Codes:</u> Telehealth Eligible Code <u>POS:</u> 02 or 10 <u>Modifier:</u> GT, 95, FR	ALLOWABLE  <u>Allowable Codes:</u> Audio Only Telehealth Eligible Code <u>POS:</u> 02 or 10 <u>Modifier:</u> 93, FQ	CONDITIONAL  Check Contracted Fee Schedule
AMERIGROUP	CONDITIONAL  Check Contracted Fee Schedule	ALLOWABLE  <u>Allowable Codes:</u> Provider's Fee Schedule Codes <u>Modifier:</u> GT or 95 <u>POS:</u> 02 or 10	CONDITIONAL  Payor Specifics Not Provided	CONDITIONAL  Check Contracted Fee Schedule
BCBS TN	ALLOWABLE  99421-99423	ALLOWABLE  <u>Allowable Codes:</u> Provider's Fee Schedule Codes <u>Modifier:</u> 95 <u>POS:</u> 02 or 10	ALLOWABLE  <u>Allowable Codes:</u> Provider's Fee Schedule Codes <u>Modifier:</u> 93 <u>POS:</u> 02 or 10	ALLOWABLE  G2010, 98016
BLUECARE	ALLOWABLE  99421-99423	ALLOWABLE  <u>Allowable Codes:</u> Telehealth Eligible Code <u>Modifier:</u> 95 <u>POS:</u> 02 or 10	ALLOWABLE  <u>Allowable Codes:</u> Telehealth Eligible Code <u>Modifier:</u> 93 <u>POS:</u> 02 or 10	ALLOWABLE  G2010, 98016
CIGNA	NOT ALLOWABLE	ALLOWABLE  <u>Allowable Codes:</u> Telehealth Eligible Code <u>POS:</u> 02 <u>Modifier:</u> 95, GT	ALLOWABLE  <u>Allowable Codes:</u> CPT 98008-98015 <u>POS:</u> 02 <u>Modifier:</u> Not Required	ALLOWABLE  98016
MEDICA* <small>*Excludes MHCP Members</small>	ALLOWABLE  99421-99423 98970 -98972 G2061-G2063	ALLOWABLE  <u>Allowable Codes:</u> Telehealth Eligible Code <u>POS:</u> 02 or 10 <u>Modifier:</u> GT, 95	ALLOWABLE  <u>Allowable Codes:</u> Telehealth Eligible Code <u>POS:</u> 02 or 10 <u>Modifier:</u> 93, FQ	ALLOWABLE  G2010 98016
MEDICARE	ALLOWABLE  99421-99423 G2061-G2063	ALLOWABLE  <u>Allowable Codes:</u> Telehealth Eligible Code <u>POS:</u> 02 or 10 <u>Modifier:</u> Hospital Based Provider-95 <u>Method II:</u> Modifier GT <u>RHC:</u> G2025	ALLOWABLE  <u>Allowable Codes:</u> Telehealth Eligible Code <u>POS:</u> 02 or 10 <u>Modifier:</u> 93 <u>Method II:</u> Modifier GT <u>RHC:</u> G2025	ALLOWABLE  98016 G2010 G2250-G2252

<b>UHC COMMUNITY PLAN OF TN</b>	<b>NOT ALLOWABLE</b>	<b>ALLOWABLE</b>  <u>Allowable Codes:</u> Telehealth Eligible Code <u>POS:</u> 02 or 10 <u>Modifier:</u> 95 or GT	<b>ALLOWABLE</b>  <u>Allowable Codes:</u> Telehealth Eligible Code <u>POS:</u> 02 or 10 <u>Modifier:</u> 93	<b>ALLOWABLE</b>  G2010 98016
<b>UHC COMMERCIAL</b>	<b>ALLOWABLE</b>  99421-99423 98970 -98972	<b>ALLOWABLE</b>  <u>Allowable Codes:</u> Telehealth Eligible Code <u>POS:</u> 02 or 10 <u>Modifier:</u> 95 or GT	<b>ALLOWABLE</b>  <u>Allowable Codes:</u> Audio Only Telehealth Eligible Code <u>POS:</u> 02 or 10 <u>Modifier:</u> 93	<b>ALLOWABLE</b>  98016 G2010 G2250-G2252

# PAYOR GUIDELINES

AETNA

## Payor Specific Key Points

### E-Visits/Virtual Check Ins:

#### **Allowable Codes:**

- **E-Visits:** Check Contracted Fee Schedule
- **Virtual Check-Ins:** Check Contracted Fee Schedule

### Remote Patient Monitoring:

#### **Allowable Codes:**

- 98975, 98976, 98977, 98978, 98980, 98981, 99453, 99454, 99457, 99458

### Interprofessional Codes:

#### **Allowable Codes:**

- 99446-99449, 99451, 99452, G9037, G0546-G0551

#### **Modifier:**

- No telehealth modifier required

### Telehealth:

#### **Allowable Services:**

See table below for allowable code set

#### **Audio Only Services:**

Designated codes, highlighted in blue in the below “Telehealth Allowable Codes” matrix, can be performed via an audio only connection

#### **Modifiers/POS:**

- **POS** 02 or 10
- **Modifiers**
  - **Audio-Visual:** GT, 95, FR
  - **Audio-Only:** 93, FQ
  - **Asynchronous:** GQ
  - **Tele-Stroke:** G0

#### **Direct Patient Contact:**

Unless listed as a covered service, medical services that do not include direct in-person patient contact are not payable

#### **Not Reimbursable:**

- Care Plan Oversight
- Concierge Medicine (boutique medicine)
- Missed appointments

#### **Transmission & Originating Site Fees:**

T1014 and Q3014 are not eligible for payment, Aetna considers these services as incidental to the charges associated with the E/M.

## AETNA ELIGIBLE TELEHEALTH CODES

### Telehealth Allowable Codes

90785	90791	90792	90832	90833	90834	90836	90837	90838	90839	90840	90845	90846	90847
90849	90853	90863	90951	90952	90954	90955	90957	90958	90960	90961	90963	90964	90965
90966	90967	90968	90969	90970	92227	92228	92507	92508	92521	92522	92523	92524	92526

92601	92602	92603	92604	93228	93229	93268	93270	93271	93272	94664	96041	96105	96110
96112	96113	96116	96121	96125	96127	96130	96131	96132	96133	96136	96137	96138	96139
96156	96158	96159	96160	96161	96164	96165	96167	96168	96170	96171	97110	97112	97116
97129	97130	97151	97153	97155	97156	97157	97161	97162	97163	97164	97165	97166	97167
97168	97530	97535	97750	97755	97760	97761	97802	97803	97804	98960	98961	98962	99202
99203	99204	99205	99211	99212	99213	99214	99215	99231	99232	99233	99252	99253	99254
99255	99307	99308	99309	99310	99406	99407	99408	99409	99417	99418	99446	99447	99448
99449	99451	99452	99483	99495	99496	99497	99498	C7900	C7901	C7902	G0108	G0109	G0270
G0296	G0316	G0317	G0318	G0396	G0397	G0406	G0407	G0408	G0410	G0425	G0426	G0427	G0438
G0439	G0442	G0443	G0444	G0445	G0447	G0459	G0506	G0508	G0509	G0513	G0514	G2086	G2087
G2088	G2212	G3002	G3003	H0015	H0035	H0038	H2012	H2036	S9443	S9480	97152	97154	97158
97542	98000	98001	98002	98003	98004	98005	98006	98007					

Cells Highlighted in Yellow do **NOT** Require a Modifier

Codes in Blue are Allowable via an audio only connection

Payor Specific Key PointsE-Visits/ Virtual Check-In:**Allowable Codes:**

- **E-Visits:** 98970-98972, 99421-99423, 99444, 99458
- **Virtual Check-In:** G2010, G2012, G0071

**Modifier/POS:**

Modifier 95 with POS 02, 10, OR place of service used for an in person visit

Telehealth:**Allowable Codes:**

Allowable telehealth services are consistent with the provider's BCBS TN fee schedule. Telehealth requirements:

- Be covered under the member's benefits, and eligible for payment as if it were an office visit;
- Take place in real time, with the provider and patient connected through an interactive audio or audio and video telecommunications system;
- Be medically appropriate and necessary, and meet the same requirements or the encounter code had it been delivered in person; and
- Include all relevant communications about the member's medical care and follow-up in their medical record.
- Specific Additional Measures for Telehealth Utilization:
  - Follow-Up Care for Children Prescribed ADHD Medication (ADD)
  - Antidepressant Medication Management (AMM)
  - Use of First-Line Psychosocial Care for Children/Adolescents on Antipsychotics (APP)
  - Controlling High Blood Pressure (CBP)
  - Follow-Up After Hospitalization for Mental Illness
  - Follow-Up After an Emergency Department (ED) Visit for Mental Illness (FUM)
  - Initiation and Engagement of Alcohol/Other Drug Abuse or Dependence Treatment (IET)
  - Asthma Medication Ratio (AMR)
  - Prenatal and Postpartum Care (PPC)
  - Statin Therapy for Patients with Cardiovascular Disease (SPC)
  - Statin Therapy for Patients with Diabetes (SPD – Adherence 80%)
  - Well-Child Visits in the First 30 Months of Life (W30)
  - Child and Adolescent Well-Care Visits (WCV)
  - Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)

To find out telehealth specific recommendations on the above measures, visit BCBS TN's Telehealth Guide at:

<https://www.bcbst.com/docs/providers/quality-initiatives/quality-care-measures-booklet.pdf>

The table below lists the measures that can be met by a telehealth method, and shows the method by which a gap can be closed for that particular measure if all documentation and other specifications are met

Measure	Telehealth (interactive audio/video)	Telephonic	Online Assessment (e-visit/virtual check-in)
<b>ADD-E* – Initiation</b>	C	C	—
<b>ADD-E* – Continuation and Maintenance</b>	C	C	C
<b>APP</b>	C	—	—
<b>CBP</b>	C	C	C
<b>BPD</b>	C	C	C
<b>FUH</b>	C	C	—
<b>FUM</b>	C	C	C
<b>FUA</b>	C	C	C
<b>FUI</b>	C	C	C
<b>IET – Initiation</b>	C	C	C
<b>IET – Engagement</b>	C	C	C

#### **Audio Only:**

Tennessee public Chapter 807 of the 112th General Assembly authorizes that all healthcare services, along with behavioral health services, can be provided by HIPAA compliant audio only conversation when real-time interactive video is not available. Providers should confirm and maintain documentation that the patient:

- Does not own the video technology necessary to complete an audio-video provider-based telemedicine encounter
- Is at a location where an audio-video encounter cannot take place due to lack of service
- Has a physical disability that inhibits the use of video technology

*Providers should also notify the patient that the financial responsibility for the audio-only encounter will be consistent with the financial responsibility for other in-person or video encounters, prior to the audio-only telemedicine encounter*

#### **Modifiers/POS:**

- **POS** 02 or 10
- **Modifiers**
  - **Audio-Visual:** GT, 95, FR
  - **Audio-Only:** 93, FQ
  - **Asynchronous:** GQ

#### **Provider Type:**

Contracted and credentialed physicians, specialists, nurse practitioners and physician assistants can bill for telehealth services. Additionally, nurse practitioners and physician assistants who provide telehealth services must be supervised by a contracted physician.

#### **Non-Covered Services:**

- Educational or administrative services.
- Patient communications incidental to evaluation and management services (E/M), counseling or medical services covered by this policy. This includes, but is not limited to, providing educational materials.
- Treatment that requires specialized hands-on care or specialized equipment, such as whirlpools, etc. This includes Athletic Trainings (97169 – 97172), Modalities (97010 – 97039) and Group Therapies. Any member currently receiving group therapy should be considered for individual therapy via telehealth.

#### **Reimbursement:**

Reimbursement will be consistent with the provider's BCBS fee schedule

#### **Transmission & Originating Site Fees:**

BCBS TN has not issued guidance around transmission or originating site fees, providers should check their fee schedule to see if HCPCS Q3014 (originating site fee) or T1014 (transmission fees) are allowable.

## Payor Specific Key Points

### E-Visits/Virtual Check Ins:

#### **Allowable Codes:**

- **E-Visits:** Not Allowable
- **Virtual Check-Ins:** 98016

### Interprofessional Consultations:

Cigna recognizes E-Consult codes, which occurs when a treating health provider seeks guidance from a specialist physician through electronic means (phone, internet, EHR consultation, etc.)

- **Allowable Codes:** 99446-99452
- **Non-Billable:**
  - If the consultation to a transfer of care or other face-to-face service (e.g., a surgery, a hospital visit, or a scheduled office evaluation of the patient) within the next 14 days or next available appointment date of the consultant, these codes should not be billed.
  - If the consultation lasted less than 5 minutes.
  - If the consultation was for the sole purpose to arrange transfer of care or a face-to-face visit.

### Remote Patient Monitoring:

Cigna recognizes remote patient monitoring, which is the use of digital technologies to monitor and capture medical data from patients and electronically transmit this information to healthcare providers for assessment:

- **Allowable codes:** 99091, 99453, 99454, 99457, 99458, 99473, 99474, G0322
- [Detailed Medical Policy for Conditions Allowed via RPM](#)

### Telehealth Medical:

#### **Allowable Services:**

See below table for allowable medical telehealth codes

#### **Audio Only:**

An audiovisual connection is required, except for audio-only telehealth E/M CPT 98008-98015

#### **All of the following must also be met:**

- Services must be interactive and use both audio and video internet-based technologies, and would be reimbursed if the service was provided face-to-face
  - Exception for CPT 98008-98015
- The patient or involved caregiver must be present on the receiving end and the service must occur in real time
- All technology used must be secure and meet or exceed federal and state privacy requirements
- A permanent record of online communications relevant to the ongoing medical care and follow-up is maintained as part of the record as if the service were provided as an in-office visit
- The permanent record must include documentation which identifies the virtual service delivery method. i.e.: audio/video or telephone only
- All services provided are medically appropriate and necessary
- The evaluation and management services (E/M) provided virtually must meet E/M criteria
- The patient's clinical condition is of low to moderate complexity, and while it may be an urgent encounter, it should not be an emergent clinical condition
- Virtual care services must be provided by a health care professional who is licensed, registered, or otherwise acting within the scope of his/her licensure.

#### **Excluded Services:**

- The virtual care service occurs on the same day as a face to face visit, when performed by the same provider and for the same condition.
- Transmission of digitalized data is considered integral to the procedure performed and is not separately reimbursable.
- Virtual care services billed within the post-operative period of a previously surgical procedure will be considered part of the global payment for the procedure.
- Services were performed via asynchronous communications systems (e.g., fax).

- Store and forward telecommunication, whether an appropriate virtual care modifier is appended to the procedure code or not.
- Patient communications are incidental to E/M services, counseling, or medical services, including, but not limited to reporting of test results and provision of educational materials.
- Administrative matters, including but not limited to, scheduling, registration, updating billing information, reminders, requests for medication refills or referrals, ordering of diagnostic studies, and medical history intake completed by the patient.
- No reimbursement will be made for any equipment used for virtual care communications.

### **Telehealth Behavioral Health:**

#### **Allowable Services:**

See below table for allowable medical telehealth codes.

#### **All of the following must also be met:**

- Services must be interactive and use audio and/or video internet-based technologies (synchronous communication), and would be reimbursed as if the service was provided face-to- face
- The patient and/or actively involved caregiver must be present on the receiving end
- All technology used must be secure and meet or exceed federal and state privacy requirements.
- A permanent record of online communications relevant to the ongoing care and follow- up is maintained as part of the medical record as if the service were provided as an in-office visit
- The permanent record must include documentation which identifies the virtual service delivery method. I.E.: audio/video or telephone only
- All services provided are medically appropriate and necessary
- The evaluation and management services (E/M) provided virtually must meet E/M criteria
- While some aspects of care in an acute setting may be rendered virtually, exclusively virtual services should be limited to situations when the clinical condition is low to moderate complexity and not the primary intervention for an emergent clinical condition.
- Virtual care services must be provided by a health care professional who is licensed, registered, or otherwise acting within the scope of his/her licensure.

#### **Excluded Services:**

- The virtual care service occurs on the same day as a face to face visit, when performed by the same provider and for the same condition.
- Transmission of digitalized data is considered integral to the procedure performed and is not separately reimbursable.
- Patient communications are incidental to E/M services, counseling, or medical services, including, but not limited to reporting of test results and provision of educational materials
- Administrative matters, including but not limited to, scheduling, registration, updating billing information, reminders, requests for medication refills or referrals, ordering of diagnostic studies, and medical history intake completed by the patient.
- No reimbursement will be made for the originating site of service fee or facility fee, unless otherwise mandated by state or federal law
- No reimbursement will be made for any equipment used for virtual care communications.

#### **Modifiers/POS:**

- **POS 02**
  - Do not bill POS 10 until further notice
- **Modifier**
  - **Audio-Visual:** GT, 95
  - **Audio-Only:** 93
  - **Asynchronous:** GQ

#### **Provider Type:**

Providers who are licensed, registered, or otherwise acting within the scope of their licensure may provide telehealth services.

#### **Transmission & Originating Site Fees:**

Cigna will not reimburse an originating site of service fee/facility fee for telehealth visits (HCPCS Q3014). Cigna will also not reimburse transmission fees; transmission of digitalized data is considered integral to the procedure performed and is not separately reimbursable.

### CIGNA MEDICAL ELIGIBLE VIRTUAL CODES

90951	90952	90953	90954	90955	90956	90957	90958	90959	90960	90961	90962	90963
90964	90965	90966	90967	90968	90969	90970	92507	92508	92521	92522	92523	92524
92601	92602	92603	92604	96041	96112	96113	96116	96156	96158	96159	96160	96161
96164	96165	96167	96168	97110	97112	97161	97162	97163	97164	97165	97166	97167
97168	97530	97755	97760	97761	97802	97803	97804	92202	92203	99204	99205	99211
99212	99213	99214	99215	99406	99407	99408	99409	99404	99411	99412	99495	99496
99497	99498	G0108	G0151	G0152	G0153	G0155	G0157	G0158	G0270	G0296	G0299	G0300
G0396	G0397	G0438	G0439	G0442	G0443	G0444	G0445	G0446	G0447	G0493	G0513	G0514
98016	S9123	S9128	S9129	S9131	S9152	99446	99447	99448	99449	99451	99452	99091
99453	99454	99457	99458	99473	99474	99381	99382	99833	99384	99385	99386	99387
99391	99392	99393	99394	99395	99396	99397	99401	99402	99403	98000	98001	98002
98003	98004	98005	98006	98007	98008	98009	98010	98011	98012	98013	98014	98015

### NON-REIMBURSABLE CODES REGARDLESS OF MODIFIER

98966	98967	98968	98970	98971	98972	99421	99422	99423	G0406	G0407	G0408	G0425
G0426	G0427	G0459	G0508	G0509	G2025	Q3014	S0320	T1014				

### CIGNA BEHAVIORAL HEALTH ELIGIBLE VIRTUAL CODES

90785	90791	90792	90832	90833	90834	90836	90837	90838	90839	90840	90845	90846
90847	90849	90853	90863	90875	90876	90880	96110	96127	916156	96158	96159	96164
96165	96167	96168	96170	96171	97151	97152	97153	97154	97155	97156	97157	97158
99058	99078	99202	99203	99204	99205	99211	99212	99213	99214	99215	99217	99218
99219	99220	99221	99222	99223	99224	99225	99226	99231	99232	99233	99234	99235
99236	99238	99239	99281	99282	99283	99284	99285	99304	99305	99306	99307	99308
99309	99310	99315	99316	99318	99324	99325	99326	99327	99328	99334	99335	99336
99337	99354	99335	99336	99337	93354	99355	99356	99357	99404	99408	99409	99415
99416	99417	H2011	S0201	S9480	99446	99447	99448	99449	99456	994484	99495	99496
0591T	0592T	G0410	H0015	H0035	H0038							

**Payor Specific Key Points:****E-Visits/Virtual Check Ins:****Allowable Codes:**

- **E-Visits:** 99421-99423, 98970-98972, G2061-G2063
- **Virtual Check-In:** G2010, 98016

**Telehealth:****Synchronous Telehealth Allowable Codes:**

See table below for specific codes.

- **Wellness Visits:** Medica will temporarily allow preventive care services, CPT 99381-99387 and 99391-99397, to be provided via telehealth services. Providers may perform all, or portions of, a preventive medicine visit that can be done so appropriately via telehealth services. Services that require face-to-face interaction may be provided later, however, providers may only bill one preventive medicine code to cover both the portion done via telehealth and any necessary face-to-face interaction associated with the preventive care service.
- **Behavioral Health:** Allowable services:
  - Services recognized by the Centers for Medicare and Medicaid Services (CMS), and
  - Services recognized by the American Medical Association (AMA) included in Appendix P of the CPT code set, and
  - Additional services identified by Optum behavioral health that can be effectively performed via Telehealth

**Store and Forward Telehealth:**

Medica allows asynchronous (store and forward) telehealth. Utilize modifier GQ. Medical information may include without limitation: video clips, still images, X-rays, MRIs, EKGs, laboratory results, audio clips and text. The physician at the distant site reviews the case without the member being present. Store and Forward substitutes for an interactive encounter with the member present (i.e., the member is not present in real-time).

**Modifiers/POS:**

- **POS** 02 or 10
- **Modifier**
  - **Audio-Visual:** GT, 95
  - **Audio-Only:** 93, FQ
  - **Asynchronous:** GQ
  - **Tele-Stroke:** G0

**Provider Type:**

Audiologist, Certified Genetic Counselor, Clinical Nurse Specialist, Clinical Psychologist, Clinical Social Worker, Licensed Professional Clinical Counselor, Licensed Marriage and Family Therapist, Licensed Drug & Alcohol Counselor, Dentist, Nurse Midwife, Nurse Practitioner, Occupational Therapist, Physical Therapist, Physician, Physician Assistant, podiatrist, Registered Dietitian or Nutrition Professional, and Speech Therapist.

**Reimbursement:**

Reimbursement will be at the same rate as in-person face-to-face visits, refer to your Medica contract for allowable rates.

**Originating Sites:**

The following are examples of originating sites: Community mental health center, Critical-access hospital (CAH), End stage renal disease (ESRD) facilities, Home, Hospital (inpatient or outpatient), Hospital or CAH-based renal dialysis center (including satellites), Office of physician or practitioner, Other eligible medical facilities, Other locations as required by applicable state law, Residential substance abuse treatment facility, Rural health clinic (RHC) and federally qualified health center (FQHC), Skilled nursing facility (SNF)

**Transmission & Originating Site Fees:**

Transmission fees (HCPCS T1014) are not eligible for payment, however Medica will allow an originating site fee (HCPCS Q3014) to be billed by an originating site facility.

**Coverage Limitations:**

Provider initiated e-mail, refilling or renewing existing prescriptions, scheduling a diagnostic test or appointment, clarification of simple instructions or issues from a previous visit, reporting test results, reminders of scheduled office

visits, requests for a referral, non-clinical communication, educational materials, brief follow-up of a medical procedure without indication of complication or new condition including, but not limited to, routine global surgical follow-up, brief discussion to confirm stability of the patient's without change in current treatment, when information is exchanged and the patient is subsequently asked to come in for an office visit, a service that would similarly not be charged for in a regular office visit, consultative message exchanges with an individual who is seen in the provider's office immediately afterward, communication between two licensed health care providers that consists solely of a telephone conversation, email or facsimile, communications between a licensed health care provider and a patient that consists solely of an e-mail or facsimile

**Audio Only:**

Interactive audio and video communications that permit real-time communication between the distant site physician or practitioner and the member. The services must be of sufficient audio and visual fidelity with clarity and function equivalent to a face-to-face encounter

MEDICA ALLOWABLE TELEHEALTH CODES											
0362T	0373T	77427	90785*	90791*	90792*	90832*	90833*	90834*	90836*	90837*	90838*
90839*	90840*	90845*	90846*	90847*	90853*	90901	90951	90952	90953	90954	90955
90956	90957	90958	90959	90960	9061	90962	90963	90964	90965	90966	90967
90968	90969	90970	92002	92004	92012	92014	92507*	92521*	92522*	92523*	92524*
92526	92550	92552	92553	92555	92556	92557	92563	92565	92567	92568	92570
92587	92588	92601	92602	92603	92604	92607	92608	92609	92610	92625	92626
92627	93750	93797	93798	94002	94003	94004	94625	94626	94464	95970	95971
95972	95983	95984	96105	96112	96113	96116*	96121*	96125	96127*	96130*	96131*
96132*	96133*	96136*	96137*	96138*	96139*	96156*	96158*	96159*	96160*	96161*	96164*
96165*	96167*	96168*	97110	97112	97116	97129	97130	97150	97151	97152	97153
97154	97155	97156	97157	97158	97161	97162	97163	97164	97165	97166	97167
97168	97530	97535*	97537	97542	97750	97755	97760	97761	97763	97802*	97803*
97804*	98966*	98967*	98968*	99202	99203	99204	99205	99211	99212	99213	99214
99215	99221	99222	99223	99231	99232	99233	99234	99235	99236	99238	99239
99281	99284	99285	99291	9992	99304	99305	99306	99307	99308	99309	99310
99315	99316	99341	99342	99344	99345	99347	99348	99349	99350	99406*	99407*
G9685	G3003	G3002	99468	99469	99471	99472	99473	99475	99476	99477	99478
99479	99480	99483	99495	99496	99497*	99498*	G0108*	G0109*	G0270*	G0296*	G0317
G0318	G0396*	G0397*	G0406*	G0407*	G0408*	G0420*	G0421*	G0422	G0423	G0425*	G0426*
G0427*	G0438*	G0439*	G0442*	G0443*	G0444*	G0445*	G0446*	G0447*	G0459*	G0447*	G0459*
G0506*	G0508	G0509	G0513*	G0514*	G2086*	G2087*	G2088*	G2212*			
Codes With An * Can Be Performed via an Audio only (Telephone) or Audiovisual Connection											

MEDICA BEHAVIORAL HEALTH TELEHEALTH CODES											
90785	90791	90792	90832	90833	90834	90836	90837	90838	90839	90480	90845
90846	90847	90853	99202	99203	99204	99205	99211	992212	99213	99214	99215
Covered Telehealth Services CPT Codes listed above are not intended as an exhaustive list of all relevant codes											

**Payor Specific Key Points:****E-Visits/ Virtual Check Ins:****Allowable Codes:**

**E-Visits:** 99421-99423, G2061-G2063

**Virtual Check-In:** G2010, 98016, G2250-G2252

**Modifiers:** None

**Telehealth:*****Continuing Appropriations and Extensions Act of 2026 (H.R. 5371):***

Extends certain telehealth flexibilities for Medicare patients through January 30<sup>th</sup>, 2026

- Originating Site & Geographic Restriction waived
- Allows physical therapists, occupational therapists, speech-language pathologists, and audiologists to furnish Medicare Telehealth services
- In-person requirement for mental health services via telehealth waiver
- FQHCs/RHCs can serve as distant site providers for non-behavioral telehealth

**Allowable Codes:**

See table below for codes allowable via telehealth

- Effective January 1<sup>st</sup>, 2026, CMS permanently removed the application of telehealth frequency limits on subsequent inpatient and nursing facility visits and critical care consultations

***Audio Only:***

An interactive telecommunications system may include two-way, real-time, audio-only communication technology for any Medicare telehealth service furnished to a beneficiary in their home, if the distant site physician or practitioner is technically capable of using an interactive telecommunications system, but the patient is not capable of, or does not consent to, the use of video technology

***Consent:***

Providers may get patient consent at the same time they initially provide the services. Direct supervision isn't required to get consent. In general, auxiliary personnel under general supervision of the billing practitioner can get patient consent for these services.

***Hospital Based Providers:***

Hospitals and other providers of PT, OT, SLP, diabetes self-management training (DSMT) and medical nutrition therapy (MNT) services can continue to bill for telehealth services through January 30<sup>th</sup>, 2026

- For outpatient hospitals, patients' homes no longer need to be registered as provider-based entities to allow for hospitals to bill for these services
- The 95 modifier is required on claims from all providers, except for Critical Access Hospitals (CAHs) electing Method II (which utilize a GT modifier)

***Medicare Shared Savings Program Accountable Care Organizations (ACOs):***

- The Bipartisan Budget Act of 2018 allows clinicians participating in certain Medicare Shared Savings Program (MSSP) ACOs to provide and receive payment for covered telehealth services without geographic restrictions, including services furnished in the beneficiary's home
  - These flexibilities apply only to applicable ACOs with prospective beneficiary assignment in the ENHANCED track or BASIC track Levels C-E, and services must be billed under the ACO participant's TIN for assigned beneficiaries
  - ACOs using retrospective assignment and non-risk ACOs do not qualify and must follow standard Medicare fee-for-service telehealth rules

**Modifiers/POS:**

- **POS:**
  - 02 or 10
- **Modifier:**
  - Modifier 95 when the clinician is in the hospital and the patient is in the home, as well as for outpatient therapy services provided via telehealth by qualified PTs, OTs, or SLPs through January 30<sup>th</sup>, 2026
  - Modifier GT for CAH Method II (UB) Claims

**Patient Location:**

Through January 30<sup>th</sup>, 2026, there is no originating site or geographic restriction

**Mental Health Place of Service:**

CMS permanently added a patient's home as an originating site for patients receiving mental health services via telehealth. "Home" includes temporary lodging. Must meet the following requirements:

- The provider (or another provider in the same practice and subspecialty) has conducted an in-person (non-telehealth) visit within 6 months
- After the initial tele-mental health visit, the provider must conduct an in-person visit at least once every 12 months
  - However, this visit is not required if the patient and provider consider the risks of an in-person visit and agree that the risks outweigh the benefits
  - Provider should document the decision in the patient's medical record
- Through January 30<sup>th</sup> 2026, the initial 6 month visit requirement and the in person visit every 12 month requirement, is waived

**Provider Type:**

Allowable telehealth providers are physicians, nurse practitioners, physician assistants, nurse midwives, certified nurse anesthetists, clinical psychologists, clinical social workers, registered dietitians, marriage and family therapists, mental health counselors, and nutrition professionals

- Through January 30<sup>th</sup>, 2026, physical therapists, occupational therapists, speech-language pathologists, and audiologists to provide Medicare telehealth services

**Provider Location:**

During the COVID-19 Public Health Emergency and continuing through CY 2025, CMS permitted practitioners who furnished telehealth services from their homes to use their currently enrolled practice location instead of their home address. CMS adopted this flexibility to reduce administrative burden and address practitioner privacy concerns.

In the 2026 Medicare Physician Fee Schedule (MPFS) Final Rule, CMS stated that it would not extend this flexibility beyond December 31, 2025. CMS reaffirmed that a separate Medicare enrollment is required for each state in which a practitioner furnishes and intends to bill for covered Medicare services.

**Reimbursement:**

When telehealth services are provided to people in their homes (POS 10), the service will be reimbursed at the non-facility rate. If the telehealth service is provided when the patient is not in their home, and POS 02 is utilized, then the service will be reimbursed at the facility rate.

**Rural Health Clinics & Federally Qualified Health Centers:**

See the RHC and FQHC section for specific billing regulations

**Supervision:**

Effective January 1, 2026, the presence of the physician (or other practitioner) required for direct supervision may include virtual presence through audio/video real-time communications technology (excluding audio-only) for services without a 010 or 090 global surgery indicator

- Applies to services where direct supervision is required which do not have a 010 or 090 global surgery indicator
  - Includes most incident-to services under § 410.26, many diagnostic tests under § 410.32, pulmonary rehabilitation services under § 410.47, cardiac rehabilitation and intensive cardiac rehabilitation services under § 410.49, and certain hospital outpatient services as provided under § 410.27(a)(1)(iv)

**Teaching Physicians:**

CMS will allow teaching physicians to have a virtual presence in all teaching settings, only in clinical instances when the service was furnished virtually, on a permanent basis

**Transmission/ Originating Site Fees:**

Medicare will reimburse an originating site fee (HCPCS Q3014) if the patient is present at a healthcare facility. Medicare does not reimburse for transmission fees.

- Modifier 95 not required when billing Q3014

MEDICARE ELIGIBLE TELEHEALTH CODES												
2026 Telehealth Codes												
0362T	0373T	0591T	0592T	0593T	77427	90785	90791	90792	90832	90833	90834	
90836	90837	90838	90839	90840	90845	90846	90847	90853	90875	90901	90951	
90952	90953	90954	90955	90956	90957	90958	90959	90960	90961	90962	90963	
90964	90965	90966	90967	90968	90969	90970	92002	92004	92012	92014	92507	
92508	92521	92522	92523	92524	92526	92550	92552	92553	92555	92556	92557	
92563	92565	92567	92568	92570	92587	92588	92601	92602	92603	92604	92607	
92608	92609	92610	92625	92626	92627	93750	93797	93798	94002	94003	94004	
94005	94625	94626	94664	95970	95971	95972	95983	95984	96105	96110	96112	
96113	96116	96121	96125	96127	96130	96131	96132	96133	96136	96137	96138	
96139	96156	96158	96159	96160	96161	96164	96165	96167	96168	96170	96171	
97110	97112	97116	97129	97130	97150	97151	97152	97153	97154	97155	97156	
97157	97158	97161	97162	97163	97164	97165	97166	97167	97168	97530	97535	
97537	97542	97750	97755	97760	97761	97763	97802	97803	97804	98960	98961	
98962	98966	98967	98968	99202	99203	99204	99205	99211	99212	99213	99214	
99215	99221	99222	99223	99231	99232	99233	99234	99235	99236	99238	99239	
99281	99282	99283	99284	99285	99291	99292	99304	99305	99306	99307	99308	
99309	99310	99315	99316	99341	99342	99344	99345	99347	99348	99349	99350	
99406	99407	97550	97551	97552	99468	99469	99471	99472	99473	99475	99476	
99477	99478	99479	99480	99483	99495	99496	99497	99498	G0108	G0109	G0136	
G0270	G0296	G0316	G0317	G0318	G0396	G0397	G0406	G0407	G0408	G0410	G0420	
G0421	G0422	G0423	G0425	G0426	G0427	G0438	G0439	G0442	G0443	G0444	G0445	
G0446	G0447	G0459	G0506	G0508	G0509	G0513	G0514	G2086	G2087	G2088	G2211	
G2212	G3002	G3003	G9685	96202	96203	G0011	G0013	G0539	G0540	G0541	G0542	
G0543	G0560	90849	92622	92623	G0473	G0545						

**Payor Specific Key Points:****E-Visits/ Virtual Check Ins:****Allowable Codes:**

- **E-Visits:** Check Fee Schedule
- **Virtual Check-In:** Check Fee Schedule

**Telehealth:****Allowable Codes:****Per the Tenn. Code Ann. § 56-7-1002.:**

- Payors will provide coverage under a health insurance policy or contract for covered healthcare services delivered through telehealth
- Reimburse providers for the diagnosis, consultation, and treatment of an insured patient for a healthcare service covered under a health insurance policy or contract that is provided through telehealth without any distinction or consideration of the geographic location or any federal, state, or local designation, or classification of the geographic area where the patient is located
- Will not exclude from coverage a healthcare service solely because it is provided through telehealth and is not provided through an in-person encounter between a healthcare services provider and a patient
- Reimburse healthcare services providers who are out-of-network for telehealth care services under the same reimbursement policies applicable to other out-of-network healthcare services providers.
- Payors will provide coverage for healthcare services provided during a telehealth encounter in a manner that is consistent with what the health insurance policy or contract provides for in-person encounters for the same service and shall reimburse for healthcare services provided during a telehealth encounter without distinction or consideration of the geographic location, or any federal, state, or local designation or classification of the geographic area where the patient is located.

**Modifiers/POS:**

- POS 02 or 10
- **Modifier**
  - **Audio Visual:** 95 or GT

**Provider Type:**

Providers that are licensed and practicing within their scope are allowed to provide telehealth services.

**Reimbursement:**

Per Tenn. Code Ann. § 56-7-1002, telehealth must be reimbursed at parity to in person services

- Audio only may have a reimbursement differential

**Audio Only:**

Public Chapter 807 of the 112th General Assembly authorizes that all healthcare services, along with behavioral health services, can be provided by HIPAA compliant audio only conversation when real-time interactive video is not available. Providers should confirm and maintain documentation that the patient:

- Does not own the video technology necessary to complete an audio-video provider-based telemedicine encounter
- Is at a location where an audio-video encounter cannot take place due to lack of service
- Has a physical disability that inhibits the use of video technology

Providers should also notify the patient that the financial responsibility for the audio-only encounter will be consistent with the financial responsibility for other in-person or video encounters, prior to the audio-only telemedicine encounter.

**Transmission & Originating Site Fees:**

Public Chapter 4 for telehealth requires a health insurance company to reimburse an originating site fee at a rate that has been established by the Centers for Medicare & Medicaid Services (CMS) prior to August 2020.

## Payor Specific Key Points

### E-Visits/ Virtual Check Ins:

#### **Allowable Codes:**

- **E-Visits:** Not Allowable
- **Virtual Check-In:** 98016, G2010

### Telehealth:

#### **Allowable Codes:**

See below table for allowable telehealth code set.

Telehealth services must be:

- Covered by TennCare and eligible for payment as if it were an office visit;
- Take place in real time, with the provider and patient connected through an interactive audio or audio and video telecommunications system;
- Be medically appropriate and necessary, and meet the same requirements or encounter code had it been delivered in person; and
- Include all relevant communications about the member's medical care and follow up in their medical record.
- Specific Measures for Telehealth Utilization:
  - Follow-Up Care for Children Prescribed ADHD Medication (ADD)
  - Use of First-Line Psychosocial Care for Children/Adolescents on Antipsychotics (APP)
  - Controlling High Blood Pressure (CBP)
  - Blood Pressure Control for Patients with Diabetes (BPD)
  - 02Follow-Up After Hospitalization for Mental Illness
  - Follow-Up After an Emergency Department (ED) Visit for Mental Illness (FUM)
  - Follow-Up After High-Intensity Care for Substance Use Disorder (FUI)
  - Follow-Up After ED Visit for Alcohol/Other Drug Abuse or Dependence (FUA)
  - Initiation and Engagement of AOD Abuse or Dependence Treatment (IET)
  - Prenatal and Postpartum Care (PPC)
  - Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)

**To find out telehealth specific recommendations on the above measures**, visit BlueCare's Telehealth Guide at: [https://www.bcbst.com/docs/providers/quality-initiatives/BlueCare\\_Tennessee\\_Telehealth\\_Guide.pdf](https://www.bcbst.com/docs/providers/quality-initiatives/BlueCare_Tennessee_Telehealth_Guide.pdf)

### **Audio Only:**

Public Chapter 807 of the 112th General Assembly authorizes that all healthcare services, along with behavioral health services, can be provided by HIPAA compliant audio only conversation when real-time interactive video is not available. Providers should confirm and maintain documentation that the patient:

- Does not own the video technology necessary to complete an audio-video provider-based telemedicine encounter
- Is at a location where an audio-video encounter cannot take place due to lack of service
- Has a physical disability that inhibits the use of video technology
- Providers should also notify the patient that the financial responsibility for the audio-only encounter will be consistent with the financial responsibility for other in-person or video encounters, prior to the audio-only telemedicine encounter

### **Modifiers/POS:**

- **POS:** 02 or 10
- **Modifiers**
  - **Audio-Visual:** GT, 95, FR
  - **Audio-Only:** 93, FQ
  - **Asynchronous:** GQ

### **Provider Type:**

An individual acting within the scope of a valid license issued pursuant to title 63 or any state-contracted crisis service provider employed by a facility licensed under title 33

### **Patient Location:**

Patients can be at home or any other originating site, including out of state

**Transmission & Originating Site Fees:**

Public Chapter 4 for telehealth requires a health insurance company to reimburse an originating site fee at a rate that has been established by the Centers for Medicare & Medicaid Services (CMS) prior to August 2020

**Reimbursement:**

Per Tenn. Code Ann. § 56-7-1002, telehealth must be reimbursed at parity to in person services

- The rate for audio-only telehealth services for dates of service of Oct. 1, 2024, and beyond, has been reduced

**Excluded Services:**

- Telehealth for educational or administrative services.
- Patient communications incidental to E&M services, counseling, or medical services.

BLUECARE ELIGIBLE TELEHEALTH CODES											
59426	59430	90785	90791	90792	90832	90833	90834	90836	90837	90838	90839
90840	90845	90846	90847	90849	90853	90875	90951	90952	90953	90954	90955
90956	90957	90958	90959	90960	90961	90962	90963	90964	90965	90966	90967
90968	90969	90970	92012	92507	92508	92521	92522	92523	92524	92526	92550
92552	92553	92555	92556	92557	92563	92565	92567	92568	92570	92587	92588
92601	92602	92603	92604	92607	92608	92609	92610	92625	92626	92627	93010
93040	93228	93295	93298	93797	93798	94777	9250	92521	95722	95800	95805
95806	96040	96105	96110	96112	96113	96113	96121	96125	96127	96130	96131
96132	96133	96136	96137	96138	96139	96146	96156	96158	96159	96160	96161
96164	96165	96167	96168	96170	96171	97110	97112	97116	97129	97130	97150
97151	97152	97153	97154	97155	97156	97157	97158	97161	97162	97163	97164
97165	97166	97167	971658	97530	97535	97542	97750	97755	97760	97761	97802
97803	98966	98968	98978	99050	99051	99078	99080	99091	99202	99203	99204
99205	99211	99212	99213	99214	99215	99221	99222	99223	99231	99232	99233
99234	99235	99236	99238	99239	99239	99281	99282	99283	99284	99291	99292
99304	99305	99306	99307	99308	99309	99310	99315	99316	99324	99325	99326
99327	99328	99335	99337	99341	99342	99343	99344	99345	99347	99348	99349
99350	99359	99366	99367	99368	99401	99402	99403	99404	99406	99407	99408
99409	99411	99412	99417	99418	99439	99446	99447	99448	99449	99451	99452
99458	99468	99469	99471	99472	994732	99475	99476	99477	99478	99479	99480
99483	99487	99489	99490	99491	99492	99493	99494	99495	99496	99497	99498
0362T	0373T	0488T	0500F	0503F	0741T	C7901	C7902	G0071	G0108	G0109	G0250
G0270	G2096	G0310	G0311	G0322	G0323	G0396	G0397	G0406	G0407	G0408	G0410
G0420	G0421	G0422	G0423	G0425	G0426	G0427	G0438	G0439	G0442	G0443	G0444
G0445	G0444	G0445	G0446	G0447	G0459	G0473	G0506	G0508	G0509	G0513	G2010
G2025	G2066	G2086	G2087	G2088	G2211	G2212	G3002	G3003	G9001	G9002	G9004
G9005	G9006	G9007	G9010	G9011	G9685	H0014	H0015	H0016	H0032	H0033	H0034
H0036	H0037	H0038	H2016	H2017	H2018	H2019	H2023	Q3014	S0280	S0285	S0315
S0316	S9083	S9152	S9443	S9470	S9480	S9482	S9484	S9485	T1013	T1014	T2022
T2023	94625	94626	S9426	93153	97550	97551	97552	G0146	G9887	G9888	H0051
G2214	G0011	G0013	G0017	G0018	G0019	G0022	G0023	G0024	G0136	G0137	G0140
C7903	98000	98001	98002	98003	98004	98005	98006	98007	98008	98009	98010
98011	98012	98013	98014	98015	98016						

**NOTE- Specific Codes May Only Be Eligible for POS 02 or POS 10 Reporting, See Below Link:**

[https://bluecare.bcbst.com/providers/Telehealth\\_Approved\\_Code\\_List.pdf](https://bluecare.bcbst.com/providers/Telehealth_Approved_Code_List.pdf)

Numerous "M" HCPCS Codes Are also eligible for Reimbursement – See Above Link

## **UHC COMMUNITY PLAN OF TENNESSEE**

### **Payor Specific Key Points**

#### **E-Visits/ Virtual Check-Ins/Interprofessional/ RPM:**

##### **Allowable Codes:**

- **E-Visits:** Not Allowed
- **Virtual Check-In:** G2010, 98016
- **Interprofessional Consultation:** 99446-99449, 99451, 99452
- **Remote Patient Monitoring:** 99091, 99453, 99454, 99457-99458, 99473

#### **Telehealth:**

##### **Allowable Codes:**

- See allowable code list below

##### **Audio Only:**

Public Chapter 807 of the 112th General Assembly authorizes that all healthcare services, along with behavioral health services, can be provided by HIPAA compliant audio only conversation when real-time interactive video is not available. Providers should confirm and maintain documentation that the patient:

- Does not own the video technology necessary to complete an audio-video provider-based telemedicine encounter
- Is at a location where an audio-video encounter cannot take place due to lack of service
- Has a physical disability that inhibits the use of video technology

Providers should also notify the patient that the financial responsibility for the audio-only encounter will be consistent with the financial responsibility for other in-person or video encounters, prior to the audio-only telemedicine encounter.

##### **Modifiers/POS:**

- **POS 10 and 02**
  - School-Based Services: POS 03
- **Modifiers:**
  - **Audio Visual:** 95, GT
  - **Audio Only:** 93
  - **Asynchronous:** GQ
  - **Tele-Stroke:** G0

##### **Provider Type:**

UHC Community Plan recognizes the CMS-designated practitioners as eligible to be reimbursed for telehealth services. These include physician, nurse practitioner, physician assistant, nurse-midwife, clinical nurse specialist, registered dietitian or nutrition professional, clinical psychologist, clinical social worker, certified registered nurse anesthetists.

##### **Reimbursement:**

Per Tenn. Code Ann. § 56-7-1002, telehealth must be reimbursed at parity to in person services

- Audio only services identified by modifier 93 will be reduced by 15% for reimbursement

##### **Transmission & Originating Site Fees:**

Claims for Originating Site services may be reported using HCPCS code Q3014 (Telehealth originating site facility fee) on either a professional (CMS-1500) or a facility (UB-04) claim when a Telepresenter is present at an originating site location other than the patient's home. UHC Community Plan does not allow for separate reimbursement of transmission fees.

TENNESSEE UHC COMMUNITY Y PLAN ELIGIBLE TELEHEALTH CODES										
0362T	0373T	0488T	0500F	0503F	0741T	59426	59430	90785	90791	90792
90832	90833	90834	90836	90837	90838	90839	90840	90845	90846	90847
90849	90853	90875	90951	90952	90953	90954	90955	90956	90957	90958
90959	90960	90961	90962	90963	90964	90965	90966	90967	90968	90969
90970	92012	92507	92508	92521	92522	92523	92524	92526	92550	92552
92553	92555	92556	92557	92563	92565	92567	92568	92570	92587	92588
92601	92602	92603	92604	92607	92608	92609	92610	92625	92626	92627
93010	93040	93153	93228	93295	93298	93797	93798	94625	94626	94777
95250	95251	95722	95800	95805	95806	96041	96105	96110	96112	96113
96116	96121	96125	96127	96130	96131	96132	96133	96136	96137	96138
96139	96146	96156	96158	96159	96160	96161	96164	96165	96167	96168
96170	96171	97110	97112	97116	97129	97130	97150	97151	97152	97153
97154	97155	97156	97157	97158	97161	97162	97163	97164	97165	97166
97167	97168	97530	97535	97542	97550	97551	97552	97750	97755	97760
97761	97802	97803	98000	98001	98002	98003	98004	98005	98006	98007
98008	98009	98010	98011	98012	98013	98014	98015	98016	98960	98961
98962	98966	98967	98968	98978	99050	99051	99078	99080	99091	99202
99203	99204	99205	99211	99212	99213	99214	99215	99221	99222	99223
99231	99232	99233	99234	99235	99236	99238	99239	99281	99282	99283
99284	99291	99292	99304	99305	99306	99307	99308	99309	99310	99315
99316	99341	99342	99344	99345	99347	99348	99349	99350	99359	99366
99367	99368	99401	99402	99403	99404	99406	99407	99408	99409	99411
99412	99417	99418	99439	99446	99447	99448	99449	99451	99452	99453
99454	99457	99458	99468	99469	99471	99472	99473	99475	99476	99477
99478	99479	99480	99483	99487	99489	99490	99491	99492	99493	99494
99495	99496	99497	99498	C7901	C7902	C7903	G0011	G0013	G0017	G0018
G0019	G0022	G0023	G0024	G0071	G0108	G0109	G0136	G0137	G0140	G0146
G0250	G0270	G0296	G0310	G0311	G0322	G0323	G0396	G0397	G0406	G0407
G0408	G0410	G0420	G0421	G0422	G0423	G0425	G0426	G0427	G0438	G0439
G0442	G0443	G0444	G0445	G0446	G0447	G0459	G0473	G0506	G0508	G0509
G0513	G0537	G0539	G0540	G0541	G0542	G0544	G0546	G0547	G0548	G0549
G0550	G0551	G0552	G0553	G0554	G0560	G2010	G2025	G2086	G2087	G2088
G2211	G2212	G2214	G3002	G3003	G9001	G9002	G9004	G9005	G9006	G9007
G9010	G9011	G9685	G9887	G9888	H0014	H0015	H0016	H0032	H0033	H0034
H0036	H0037	H0038	H0051	H2016	H2017	H2018	H2019	H2023	Q3014	S0280
S0285	S0315	S0316	S9083	S9152	S9443	S9470	S9480	S9482	S9484	S9485
T1013	T1014	T2022	T2023							

### Audio Only Behavioral Health Guidelines- All Medicaid Managed Care Organizations

Public Chapter 191 was signed, which amended Tennessee Code Annotated, Section 56-7-1003(a)(6), allowing for audio-only conversation for behavioral health services.

#### Behavioral Health Audio-Only Guidance:

- The provider is to take extra steps at the beginning of the telehealth session to confirm the patient's identity and review confidentiality and privacy concerns.

- The provider is to ensure that safety assessment is part of the audio-only session; should the treating provider have any concern for safety of the client/patient and/or others in the home, the mandated reporting process is to be followed.
- The provider is to conduct a risk-benefit assessment for each potential client that addresses the individual's particular treatment needs and considerations when engaging in audio-only behavioral telehealth.
- The provider is to identify ways to screen for mental health- and substance use-related symptomology (i.e., via screenings, assessment, etc.), as there is limited ability to identify visual indicators of distress
- Documentation should identify the use of telehealth or audio-only sessions and the treatment format, and include supporting documentation to reflect active treatment. Per standard practice, documentation is subject to review for medical necessity and appropriateness of care. Telehealth options that would permit actual visual connection with the member is preferred.
- Per standard practice, documentation is subject to review for medical necessity and appropriateness of care.
- The type of service is to be determined utilizing a comprehensive assessment and development of an individualized treatment plan. Based on the assessment recommendations, the service rendered is to adhere to the established medical necessity guidelines for that service and is to be delivered as the recommended service description; model and/or program guidelines have been outlined.
- The length of time for the service being rendered is to continue to be delivered as the service has been designed (i.e., outpatient counseling, Intensive Outpatient Program (IOP), peer services, psychosocial rehabilitation services, Comprehensive Child and Family Treatment (CCFT), Continuous Treatment Team (CTT), etc.).
- The treating provider is to ensure fidelity to the model of the service being delivered audio-only.
- The provider is to plan for managing emergencies as well as consider the kinds of issues that might indicate audio-only therapy is not working for a particular individual.
- For group counseling and/or psychosocial groups, the provider is to:
  - Encourage participants to locate themselves in a private room in their home or dwelling;
  - Ensure the participants understand that their privacy cannot be guaranteed as the leaders cannot control who else in the home or dwelling may overhear the discussions;
  - Consider developing a confidentiality policy for telehealth groups, which may include guidance such as using ear buds or headphones and prohibiting any recording of the session;
  - If the session is 100% audio-only, consider smaller number of participants given limited ability to identify visual indicators of distress; and
  - For Intensive Outpatient Treatment (IOP) or Partial Hospitalization Program (PHP), these may be rendered with multiple one-hour sessions during the day.

## Payor Specific Key Points:

### E-Visits/Virtual Check Ins:

#### **Allowable Codes:**

- **E-Visits:** 98970-98972, 99421-99423
- **Virtual Check-In:** 98016, G2010, G2250-G2252

#### **POS/Modifier:**

POS utilized if visit would have in person and no modifier

### Remote Patient Monitoring Codes:

#### **Allowable Codes:**

- 98975-98978, 98980-98981, 99091, 99457, 99458, 99473-99474

#### **POS/Modifier:**

POS utilized if visit would have in person and no modifier

### Interprofessional Assessment Codes:

#### **Allowable Codes:**

- 99446-99449, 99451-99454, G0546-G0551

#### **POS/Modifier:**

POS utilized if visit would have in person and no modifier

### Telehealth:

#### **Allowable Codes:**

UHC will allow any services on the below lists:

- Services recognized by the Centers for Medicare and Medicaid Services (CMS)
- Services recognized by the American Medical Association (AMA) included in Appendix P of the CPT code set
- Additional services identified by UnitedHealthcare that can be effectively performed via Telehealth
  - See Telehealth Allowable Codes table below for UHC specified codes
- Consistent with CMS, UHC will not recognize CPT 98000-98015, as they are assigned to status code "I" on the NPFS Relative Value File, indicating another code (replacement code) is used to report the procedure or service and that replacement code has an assigned RVU

#### **Modifiers/POS:**

- **POS** 02 or 10
- **Modifiers**
  - **Audio Visual:** 95, GT, GQ, and G0 are not required to identify telehealth services but are accepted as informational if reported on claims
  - **Audio-Only:** 93

#### **Provider Type:**

Physician, nurse practitioner, physician assistant, nurse-midwife, clinical nurse specialist, registered dietitian or nutrition professional, clinical psychologist, clinical social worker, certified registered nurse anesthetists, physical therapists, occupational therapists, and speech therapists.

#### **Patient Location:**

UHC will recognize CMS designated originating sites considered eligible for furnishing telehealth services to a patient located in an originating site.

- Examples of CMS originating sites with a telepresenter: the office of a physician or practitioner, hospital, critical access hospital (CAH), rural health clinic (RHC), federally qualified health center (FQHC), hospital based renal dialysis center, skilled nursing facility (SNF), community mental health center (CMHC), mobile stroke unit, patient home-for monthly end stage renal, ESRD-related clinical assessments, for purposes of treatment of a substance use disorder or a co-occurring mental health disorder.
- UHC will also recognize home as an originating site for telehealth services (no telepresenter present)

**Transmission & Originating Site Fees:**

UHC will allow the originating site to submit a claim for services of the telepresenter using HCPS Q3014. Note: Telehealth POS codes 02 and 10 do not apply to originating site facilities reporting code Q3014 and POS codes 02 and 10 should not be reported by an originating site facility if code Q3014 is reported. For POS where code Q3014 is reported, report the valid POS code reflecting the location of the patient. T1014 is not eligible for payment, UHC considers these services as incidental to the charges associated with the E/M.

**Audio Only Component:**

Telehealth services must be performed over an audiovisual connection, unless audio only allowable code is utilized

- UHC will align with the AMA and will consider for reimbursement the services included in Appendix T of the CPT code set, which are appropriate for reporting real-time, interactive audio-only telehealth, when appended with modifier 93, and reported with POS 02 or 10.
- All PT/OT/ST Telehealth visits must be performed using live, interactive video conferencing that involves the presence of both parties at the same time and a communication link between them that allows a real-time audio and visual interaction to take place. E-mailing "stored" exercise videos and discussing or reviewing by phone is not reimbursable.

UHC ELIGIBLE TELEHEALTH CODES											
0362T	0373T	0591T	0592T	0593T	77427	90785	90791	90792	90832	90833	90834
90836	90837	90838	90839	90840	90845	90846	90847	90853	90863	90875	90901
90951	90952	90953	90954	90955	90956	90957	90958	90959	90960	90961	90962
90963	90964	90965	90966	90967	90968	90969	90970	92002	92004	92012	92014
92227	92228	92507	92508	92521	92522	92523	92524	92526	92550	92552	92553
92555	92556	92557	92563	92565	92567	92568	92570	92587	92588	92601	92602
92603	92604	92607	92608	92609	92610	92625	92626	92627	93228	93229	93268
93270	93271	93272	93750	93797	93798	94002	94003	94004	94005	94625	94626
94664	95970	95971	95972	95983	95984	96105	96110	96112	96113	96116	96121
96125	96127	96130	96131	96132	96133	96136	96137	96138	96139	96156	96158
96159	96160	96161	96164	96165	96167	96168	96170	96171	96202	96203	97110
97112	97129	97130	97150	97151	97152	97153	97154	97155	97156	97157	97158
97161	97162	97163	97164	97165	97166	97167	97168	97530	97535	97537	97542
97550	97551	97552	97750	97755	97760	97761	97763	97802	97803	97804	98960
98961	98962	98966	98967	98968	99202	99203	99204	99205	99211	99212	99213
99214	99215	99221	99222	99223	99231	99232	99233	99234	99235	99236	99238
99239	99281	99282	99283	99284	99285	99291	99292	99304	99305	99306	99307
99308	99309	99310	99315	99316	99341	99342	99344	99345	99347	99348	99349
99350	99406	99407	99408	99409	99417	99418	99468	99469	99471	99472	99473
99475	99476	99477	99478	99479	99480	99483	99495	99496	99497	99498	G0011
G0013	G0108	G0109	G0136	G0270	G0296	G0316	G0317	G0318	G0396	G0397	G0406
G0407	G0408	G0410	G0420	G0421	G0422	G0423	G0425	G0426	G0427	G0438	G0439
G0442	G0443	G0444	G0445	G0446	G0447	G0459	G0506	G0508	G0509	G0513	G0514
G0539	G0540	G0541	G0542	G0543	G0560	G2086	G2087	G2088	G2211	G2212	G3002
G3003	G9685										

UHC PT/OT/ST											
92507	92521	92522	92523	92524	97110	97112	97116	97161	97162	97163	97164
97165	97166	97167	97168	97535	97750	97755	97760	97761			

### UHC AUDIO ONLY CODES

90785	90791	90792	90832	90833	90834	90836	90837	90838	90839	90840	90845
90846	90847	92507	92508	92521	92522	92523	92524	96041	96110	96116	96121
96156	96158	96159	96160	96161	96164	96165	96167	96168	96170	96171	97802
97803	97804	99406	99407	99408	99409	99497	99498				

### **Payor Specific Key Points:**

#### **Virtual Check Ins/E-Visits:**

##### ***Virtual Check-Ins & E-Visits:***

Effective Jan 1, 2026, RHCs are required to report the individual remote evaluation service codes previously billed under G0071 (G0071 is no longer reportable)

##### ***Allowable Codes:***

**E-Visits:** 99421-99423, G2061-G2063

**Virtual Check-In:** G2010, 98016, G2250-G2252

**Modifiers:** None

#### **Care Coordination Services**

Starting Jan 1, 2025, CMS required RHCs & FQHCs to report the individual CPT/HCPCS care coordination codes instead of G0511; CMS allowed billing G0511 during a transition period, but G0511 is no longer billable after Sept 30, 2025

#### **Telehealth:**

##### ***RHC/FQHC Distant Site Provider Extension:***

Under the 2026 Medicare Physician Final Rule, RHCs and FQHCs can bill for RHC and FQHC services furnished using telecommunication technology by reporting HCPCS code G2025 on the claim, including services furnished using audio-only communications technology through December 31, 2026

##### ***Allowable Codes:***

RHCs/FQHCs can perform allowable RHC/FQHC services as long as listed in the below telehealth allowable code set matrix

##### ***Audio Only:***

An interactive telecommunications system may include two-way, real-time, audio-only communication technology for any Medicare telehealth service furnished to a beneficiary in their home, if the distant site physician or practitioner is technically capable of using an interactive telecommunications system, but the patient is not capable of, or does not consent to, the use of video technology

#### ***Billing:***

- Medical Claims**

- HCPCS:** G2025
- POS:** 02 or 10
- Modifier:**
  - Audio/Video:** None Required
  - Audio Only:** FQ

- Mental Health Claims:**

- CPT:** Appropriate Behavioral Health CPT
- POS:** 02 or 10
- Modifier:**
  - Audio/Video:** CG & 95
  - Audio Only:** FQ

○

#### ***Mental Health Services:***

- CMS will permanently allow mental health telehealth services performed by an RHC/FQHC
- The service must be either audio visual OR
- Audio-only if the following are present:
  - The patient is incapable of, or fails to consent to, the use of video technology for the service
  - The provider has conducted an in-person visit within the last 6 months of the initial tele-mental service
  - The services are medical necessary

- After the initial telehealth visit, the provider conducts an in-person visit at least once every 12 months of each tele-mental visit.
  - However, if the patient and provider consider the risks of an in person service and agree that these risks outweigh the benefits, then the annual visit may be skipped.
  - Providers must document the decision
- Until January 30<sup>th</sup> 2026, the initial 6 month visit and the in person visit every 12 month requirement is waived

**Provider Type:**

Physicians, Nurse practitioners (NPs), Physician assistants (PAs), Certified nurse-midwives (CNMs), Clinical psychologists (CPs), Clinical social workers (CSWs), Marriage and family therapists (MFTs), Mental health counselors (MHCs)

**Reimbursement:**

**Medical:**

- The RHC/FQHC telehealth payment rate is the average amount for all PFS telehealth services on the telehealth list, weighted by volume for those services reported under the PFS. For 2026 the rate is \$97.53

**Mental Health:**

- RHC AIR rate or FQHC PPS rate

**Supervision:**

CMS will permanently adopt a definition of direct supervision, for RHC and FQHC services, that allows the physician or supervising practitioner to provide such supervision through real-time audio and visual interactive telecommunications (excluding audio-only)

**Transmission/ Originating Site Fees:**

Medicare will reimburse an originating site fee (HCPCS Q3014) if the patient is present at a healthcare facility. Medicare does not reimburse for transmission fees.

MEDICARE ELIGIBLE TELEHEALTH CODES											
2026 Telehealth Codes											
0362T	0373T	0591T	0592T	0593T	77427	90785	90791	90792	90832	90833	90834
90836	90837	90838	90839	90840	90845	90846	90847	90853	90875	90901	90951
90952	90953	90954	90955	90956	90957	90958	90959	90960	90961	90962	90963
90964	90965	90966	90967	90968	90969	90970	92002	92004	92012	92014	92507
92508	92521	92522	92523	92524	92526	92550	92552	92553	92555	92556	92557
92563	92565	92567	92568	92570	92587	92588	92601	92602	92603	92604	92607
92608	92609	92610	92625	92626	92627	93750	93797	93798	94002	94003	94004
94005	94625	94626	94664	95970	95971	95972	95983	95984	96105	96110	96112
96113	96116	96121	96125	96127	96130	96131	96132	96133	96136	96137	96138
96139	96156	96158	96159	96160	96161	96164	96165	96167	96168	96170	96171
97110	97112	97116	97129	97130	97150	97151	97152	97153	97154	97155	97156
97157	97158	97161	97162	97163	97164	97165	97166	97167	97168	97530	97535
97537	97542	97750	97755	97760	97761	97763	97802	97803	97804	98960	98961
98962	98966	98967	98968	99202	99203	99204	99205	99211	99212	99213	99214
99215	99221	99222	99223	99231	99232	99233	99234	99235	99236	99238	99239
99281	99282	99283	99284	99285	99291	99292	99304	99305	99306	99307	99308
99309	99310	99315	99316	99341	99342	99344	99345	99347	99348	99349	99350
99406	99407	97550	97551	97552	99468	99469	99471	99472	99473	99475	99476

99477	99478	99479	99480	99483	99495	99496	99497	99498	G0108	G0109	G0136
G0270	G0296	G0316	G0317	G0318	G0396	G0397	G0406	G0407	G0408	G0410	G0420
G0421	G0422	G0423	G0425	G0426	G0427	G0438	G0439	G0442	G0443	G0444	G0445
G0446	G0447	G0459	G0506	G0508	G0509	G0513	G0514	G2086	G2087	G2088	G2211
G2212	G3002	G3003	G9685	96202	96203	G0011	G0013	G0539	G0540	G0541	G0542
G0543	G0560	90849	92622	92623	G0473	G0545					

## TENNESSEE MEDICAID

### Amerigroup

#### Payor Specific Key Points:

##### E-Visits/ Virtual Check Ins:

##### **Allowable Codes:**

- **E-Visits:** Check Fee Schedule
- **Virtual Check-In:** Check Fee Schedule

##### Telehealth:

##### **Allowable Codes:**

##### **Per the Tenn. Code Ann. § 56-7-1002.:**

- Payors will provide coverage under a health insurance policy or contract for covered healthcare services delivered through telehealth
- Reimburse providers for the diagnosis, consultation, and treatment of an insured patient for a healthcare service covered under a health insurance policy or contract that is provided through telehealth without any distinction or consideration of the geographic location or any federal, state, or local designation, or classification of the geographic area where the patient is located
- Will not exclude from coverage a healthcare service solely because it is provided through telehealth and is not provided through an in-person encounter between a healthcare services provider and a patient
- Reimburse healthcare services providers who are out-of-network for telehealth care services under the same reimbursement policies applicable to other out-of-network healthcare services providers.
- Payors will provide coverage for healthcare services provided during a telehealth encounter in a manner that is consistent with what the health insurance policy or contract provides for in-person encounters for the same service and shall reimburse for healthcare services provided during a telehealth encounter without distinction or consideration of the geographic location, or any federal, state, or local designation or classification of the geographic area where the patient is located.

##### **Modifiers/POS:**

- POS 02 or 10
- **Modifier**
  - **Audio Visual:** 95 or GT

##### **Provider Type:**

Providers that are licensed and practicing within their scope are allowed to provide telehealth services.

##### **Reimbursement:**

Per Tenn. Code Ann. § 56-7-1002, telehealth must be reimbursed at parity to in person services

- Audio only may have a reimbursement differential

##### **Audio Only:**

Public Chapter 807 of the 112th General Assembly authorizes that all healthcare services, along with behavioral health services, can be provided by HIPAA compliant audio only conversation when real-time interactive video is not available. Providers should confirm and maintain documentation that the patient:

- Does not own the video technology necessary to complete an audio-video provider-based telemedicine encounter

- Is at a location where an audio-video encounter cannot take place due to lack of service
- Has a physical disability that inhibits the use of video technology

Providers should also notify the patient that the financial responsibility for the audio-only encounter will be consistent with the financial responsibility for other in-person or video encounters, prior to the audio-only telemedicine encounter.

***Transmission & Originating Site Fees:***

Public Chapter 4 for telehealth requires a health insurance company to reimburse an originating site fee at a rate that has been established by the Centers for Medicare & Medicaid Services (CMS) prior to August 2020.

## **BlueCare**

### **Payor Specific Key Points**

**E-Visits/ Virtual Check Ins:**

**Allowable Codes:**

- **E-Visits:** Not Allowable
- **Virtual Check-In:** 98016, G2010

**Telehealth:**

**Allowable Codes:**

See below table for allowable telehealth code set.

Telehealth services must be:

- Covered by TennCare and eligible for payment as if it were an office visit;
- Take place in real time, with the provider and patient connected through an interactive audio or audio and video telecommunications system;
- Be medically appropriate and necessary, and meet the same requirements or encounter code had it been delivered in person; and
- Include all relevant communications about the member's medical care and follow up in their medical record.
- Specific Measures for Telehealth Utilization:

- Follow-Up Care for Children Prescribed ADHD Medication (ADD)
- Use of First-Line Psychosocial Care for Children/Adolescents on Antipsychotics (APP)
- Controlling High Blood Pressure (CBP)
- Blood Pressure Control for Patients with Diabetes (BPD)
- 02Follow-Up After Hospitalization for Mental Illness
- Follow-Up After an Emergency Department (ED) Visit for Mental Illness (FUM)
- Follow-Up After High-Intensity Care for Substance Use Disorder (FUI)
- Follow-Up After ED Visit for Alcohol/Other Drug Abuse or Dependence (FUA)
- Initiation and Engagement of AOD Abuse or Dependence Treatment (IET)
- Prenatal and Postpartum Care (PPC)
- Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)

**To find out telehealth specific recommendations on the above measures**, visit BlueCare's Telehealth Guide at: [https://www.bcbst.com/docs/providers/quality-initiatives/BlueCare\\_Tennessee\\_Telehealth\\_Guide.pdf](https://www.bcbst.com/docs/providers/quality-initiatives/BlueCare_Tennessee_Telehealth_Guide.pdf)

**Audio Only:**

Public Chapter 807 of the 112th General Assembly authorizes that all healthcare services, along with behavioral health services, can be provided by HIPAA compliant audio only conversation when real-time interactive video is not available. Providers should confirm and maintain documentation that the patient:

- Does not own the video technology necessary to complete an audio-video provider-based telemedicine encounter
- Is at a location where an audio-video encounter cannot take place due to lack of service
- Has a physical disability that inhibits the use of video technology
- Providers should also notify the patient that the financial responsibility for the audio-only encounter will be consistent with the financial responsibility for other in-person or video encounters, prior to the audio-only telemedicine encounter

**Modifiers/POS:**

- **POS:** 02 or 10
- **Modifiers**

- **Audio-Visual:** GT, 95, FR
- **Audio-Only:** 93, FQ
- **Asynchronous:** GQ

**Provider Type:**

An individual acting within the scope of a valid license issued pursuant to title 63 or any state-contracted crisis service provider employed by a facility licensed under title 33

**Patient Location:**

Patients can be at home or any other originating site, including out of state

**Transmission & Originating Site Fees:**

Public Chapter 4 for telehealth requires a health insurance company to reimburse an originating site fee at a rate that has been established by the Centers for Medicare & Medicaid Services (CMS) prior to August 2020

**Reimbursement:**

Per Tenn. Code Ann. § 56-7-1002, telehealth must be reimbursed at parity to in person services

- The rate for audio-only telehealth services for dates of service of Oct. 1, 2024, and beyond, has been reduced

**Excluded Services:**

- Telehealth for educational or administrative services.
- Patient communications incidental to E&M services, counseling, or medical services.

BLUECARE ELIGIBLE TELEHEALTH CODES											
59426	59430	90785	90791	90792	90832	90833	90834	90836	90837	90838	90839
90840	90845	90846	90847	90849	90853	90875	90951	90952	90953	90954	90955
90956	90957	90958	90959	90960	90961	90962	90963	90964	90965	90966	90967
90968	90969	90970	92012	92507	92508	92521	92522	92523	92524	92526	92550
92552	92553	92555	92556	92557	92563	92565	92567	92568	92570	92587	92588
92601	92602	92603	92604	92607	92608	92609	92610	92625	92626	92627	93010
93040	93228	93295	93298	93797	93798	94777	9250	92521	95722	95800	95805
95806	96040	96105	96110	96112	96113	96113	96121	96125	96127	96130	96131
96132	96133	96136	96137	96138	96139	96146	96156	96158	96159	96160	96161
96164	96165	96167	96168	96170	96171	97110	97112	97116	97129	97130	97150
97151	97152	97153	97154	97155	97156	97157	97158	97161	97162	97163	97164
97165	97166	97167	971658	97530	97535	97542	97750	97755	97760	97761	97802
97803	98966	98968	98978	99050	99051	99078	99080	99091	99202	99203	99204
99205	99211	99212	99213	99214	99215	99221	99222	99223	99231	99232	99233
99234	99235	99236	99238	99239	99239	99281	99282	99283	99284	99291	99292
99304	99305	99306	99307	99308	99309	99310	99315	99316	99324	99325	99326
99327	99328	99335	99337	99341	99342	99343	99344	99345	99347	99348	99349
99350	99359	99366	99367	99368	99401	99402	99403	99404	99406	99407	99408
99409	99411	99412	99417	99418	99439	99446	99447	99448	99449	99451	99452
99458	99468	99469	99471	99472	994732	99475	99476	99477	99478	99479	99480
99483	99487	99489	99490	99491	99492	99493	99494	99495	99496	99497	99498
0362T	0373T	0488T	0500F	0503F	0741T	C7901	C7902	G0071	G0108	G0109	G0250
G0270	G2096	G0310	G0311	G0322	G0323	G0396	G0397	G0406	G0407	G0408	G0410

G0420	G0421	G0422	G0423	G0425	G0426	G0427	G0438	G0439	G0442	G0443	G0444
G0445	G0444	G0445	G0446	G0447	G0459	G0473	G0506	G0508	G0509	G0513	G2010
G2025	G2066	G2086	G2087	G2088	G2211	G2212	G3002	G3003	G9001	G9002	G9004
G9005	G9006	G9007	G9010	G9011	G9685	H0014	H0015	H0016	H0032	H0033	H0034
H0036	H0037	H0038	H2016	H2017	H2018	H2019	H2023	Q3014	S0280	S0285	S0315
S0316	S9083	S9152	S9443	S9470	S9480	S9482	S9484	S9485	T1013	T1014	T2022
T2023	94625	94626	S9426	93153	97550	97551	97552	G0146	G9887	G9888	H0051
G2214	G0011	G0013	G0017	G0018	G0019	G0022	G0023	G0024	G0136	G0137	G0140
C7903	98000	98001	98002	98003	98004	98005	98006	98007	98008	98009	98010
98011	98012	98013	98014	98015	98016						

**NOTE- Specific Codes May Only Be Eligible for POS 02 or POS 10 Reporting, See Below Link:**

[https://bluecare.bcbst.com/providers/Telehealth\\_Approved\\_Code\\_List.pdf](https://bluecare.bcbst.com/providers/Telehealth_Approved_Code_List.pdf)

Numerous "M" HCPCS Codes Are also eligible for Reimbursement – See Above Link

## UHC COMMUNITY PLAN OF TENNESSEE

### Payor Specific Key Points

#### E-Visits/ Virtual Check-Ins/Interprofessional/ RPM:

##### **Allowable Codes:**

- **E-Visits:** Not Allowed
- **Virtual Check-In:** G2010, 98016
- **Interprofessional Consultation:** 99446-99449, 99451, 99452
- **Remote Patient Monitoring:** 99091, 99453, 99454, 99457-99458, 99473

#### Telehealth:

##### **Allowable Codes:**

- See allowable code list below

##### **Audio Only:**

Public Chapter 807 of the 112th General Assembly authorizes that all healthcare services, along with behavioral health services, can be provided by HIPAA compliant audio only conversation when real-time interactive video is not available. Providers should confirm and maintain documentation that the patient:

- Does not own the video technology necessary to complete an audio-video provider-based telemedicine encounter
- Is at a location where an audio-video encounter cannot take place due to lack of service
- Has a physical disability that inhibits the use of video technology

Providers should also notify the patient that the financial responsibility for the audio-only encounter will be consistent with the financial responsibility for other in-person or video encounters, prior to the audio-only telemedicine encounter.

##### **Modifiers/POS:**

- **POS 50 or 72**
  - Only utilize POS 02/10 when no other option is available
- **Modifiers:**
  - **Audio Visual:** 95, GT
  - **Audio Only:** 93
  - **Asynchronous:** GQ
  - **Tele-Stroke:** G0

##### **Provider Type:**

UHC Community Plan recognizes the CMS-designated practitioners as eligible to be reimbursed for telehealth services. These include physician, nurse practitioner, physician assistant, nurse-midwife, clinical nurse specialist, registered dietitian or nutrition professional, clinical psychologist, clinical social worker, certified registered nurse anesthetists.

**Reimbursement:**

Per Tenn. Code Ann. § 56-7-1002, telehealth must be reimbursed at parity to in person services

- Audio only services identified by modifier 93 will be reduced by 15% for reimbursement

**Transmission & Originating Site Fees:**

Claims for Originating Site services may be reported using HCPCS code Q3014 (Telehealth originating site facility fee) on either a professional (CMS-1500) or a facility (UB-04) claim when a Telepresenter is present at an originating site location other than the patient's home. UHC Community Plan does not allow for separate reimbursement of transmission fees.

TENNESSEE UHC COMMUNITY PLAN ELIGIBLE TELEHEALTH CODES										
0362T	0373T	0488T	0500F	0503F	0741T	59426	59430	90785	90791	90792
90832	90833	90834	90836	90837	90838	90839	90840	90845	90846	90847
90849	90853	90875	90951	90952	90953	90954	90955	90956	90957	90958
90959	90960	90961	90962	90963	90964	90965	90966	90967	90968	90969
90970	92012	92507	92508	92521	92522	92523	92524	92526	92550	92552
92553	92555	92556	92557	92563	92565	92567	92568	92570	92587	92588
92601	92602	92603	92604	92607	92608	92609	92610	92625	92626	9262 7
93010	93040	93153	93228	93295	93298	93797	93798	94625	94626	94777
95250	95251	95722	95800	95805	95806	96041	96105	96110	96112	96113
96116	96121	96125	96127	96130	96131	96132	96133	96136	96137	96138
96139	96146	96156	96158	96159	96160	96161	96164	96165	96167	96168
96170	96171	97110	97112	97116	97129	97130	97150	97151	97152	97153
97154	97155	97156	97157	97158	97161	97162	97163	97164	97165	97166
97167	97168	97530	97535	97542	97550	97551	97552	97750	97755	97760
97761	97802	97803	98000	98001	98002	98003	98004	98005	98006	98007
98008	98009	98010	98011	98012	98013	98014	98015	98016	98960	98961
98962	98966	98967	98968	98978	99050	99051	99078	99080	99091	99202
99203	99204	99205	99211	99212	99213	99214	99215	99221	99222	99223
99231	99232	99233	99234	99235	99236	99238	99239	99281	99282	99283
99284	99291	99292	99304	99305	99306	99307	99308	99309	99310	99315
99316	99341	99342	99344	99345	99347	99348	99349	99350	99359	99366
99367	99368	99401	99402	99403	99404	99406	99407	99408	99409	99411
99412	99417	99418	99439	99446	99447	99448	99449	99451	99452	99453
99454	99457	99458	99468	99469	99471	99472	99473	99475	99476	99477
99478	99479	99480	99483	99487	99489	99490	99491	99492	99493	99494
99495	99496	99497	99498	C7901	C7902	C7903	G0011	G0013	G0017	G0018
G0019	G0022	G0023	G0024	G0071	G0108	G0109	G0136	G0137	G0140	G0146
G0250	G0270	G0296	G0310	G0311	G0322	G0323	G0396	G0397	G0406	G0407
G0408	G0410	G0420	G0421	G0422	G0423	G0425	G0426	G0427	G0438	G0439
G0442	G0443	G0444	G0445	G0446	G0447	G0459	G0473	G0506	G0508	G0509
G0513	G0537	G0539	G0540	G0541	G0542	G0544	G0546	G0547	G0548	G0549
G0550	G0551	G0552	G0553	G0554	G0560	G2010	G2025	G2086	G2087	G2088
G2211	G2212	G2214	G3002	G3003	G9001	G9002	G9004	G9005	G9006	G9007
G9010	G9011	G9685	G9887	G9888	H0014	H0015	H0016	H0032	H0033	H0034
H0036	H0037	H0038	H0051	H2016	H2017	H2018	H2019	H2023	Q3014	S0280
S0285	S0315	S0316	S9083	S9152	S9443	S9470	S9480	S9482	S9484	S9485
T1013	T1014	T2022	T2023							

Public Chapter 191 was signed, which amended Tennessee Code Annotated, Section 56-7-1003(a)(6), allowing for audio-only conversation for behavioral health services.

### **Behavioral Health Audio-Only Guidance:**

- The provider is to take extra steps at the beginning of the telehealth session to confirm the patient's identity and review confidentiality and privacy concerns.
- The provider is to ensure that safety assessment is part of the audio-only session; should the treating provider have any concern for safety of the client/patient and/or others in the home, the mandated reporting process is to be followed.
- The provider is to conduct a risk-benefit assessment for each potential client that addresses the individual's particular treatment needs and considerations when engaging in audio-only behavioral telehealth.
- The provider is to identify ways to screen for mental health- and substance use-related symptomology (i.e., via screenings, assessment, etc.), as there is limited ability to identify visual indicators of distress
- Documentation should identify the use of telehealth or audio-only sessions and the treatment format, and include supporting documentation to reflect active treatment. Per standard practice, documentation is subject to review for medical necessity and appropriateness of care. Telehealth options that would permit actual visual connection with the member is preferred.
- Per standard practice, documentation is subject to review for medical necessity and appropriateness of care.
- The type of service is to be determined utilizing a comprehensive assessment and development of an individualized treatment plan. Based on the assessment recommendations, the service rendered is to adhere to the established medical necessity guidelines for that service and is to be delivered as the recommended service description; model and/or program guidelines have been outlined.
- The length of time for the service being rendered is to continue to be delivered as the service has been designed (i.e., outpatient counseling, Intensive Outpatient Program (IOP), peer services, psychosocial rehabilitation services, Comprehensive Child and Family Treatment (CCFT), Continuous Treatment Team (CTT), etc.).
- The treating provider is to ensure fidelity to the model of the service being delivered audio-only.
- The provider is to plan for managing emergencies as well as consider the kinds of issues that might indicate audio-only therapy is not working for a particular individual.
- For group counseling and/or psychosocial groups, the provider is to:
  - Encourage participants to locate themselves in a private room in their home or dwelling;
  - Ensure the participants understand that their privacy cannot be guaranteed as the leaders cannot control who else in the home or dwelling may overhear the discussions;
  - Consider developing a confidentiality policy for telehealth groups, which may include guidance such as using ear buds or headphones and prohibiting any recording of the session;
  - If the session is 100% audio-only, consider smaller number of participants given limited ability to identify visual indicators of distress; and
  - For Intensive Outpatient Treatment (IOP) or Partial Hospitalization Program (PHP), these may be rendered with multiple one-hour sessions during the day.

# HIPAA COMPLIANT SOFTWARE

As of the end of the COVID PHE in May of 2023, all payors require a HIPAA compliant software

## REFERENCES & RESOURCES

### Aetna:

<https://www.availity.com/>

### Amerigroup:

[https://providers.amerigroup.com/Public%20Documents/TNTN\\_PU\\_TalkingPointsCOVID19.pdf](https://providers.amerigroup.com/Public%20Documents/TNTN_PU_TalkingPointsCOVID19.pdf)

### BCBS TN/ BlueCare:

<https://provider.bcbst.com/tools-resources/manuals-policies-guidelines/>

### Cigna:

[https://static.cigna.com/assets/chcp/secure/pdf/resourceLibrary/clinReimPolsModifiers/Notifications/R31\\_Virtual\\_Care.pdf](https://static.cigna.com/assets/chcp/secure/pdf/resourceLibrary/clinReimPolsModifiers/Notifications/R31_Virtual_Care.pdf)

### CMS:

<https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/Downloads/TelehealthSrvcsfctsht.pdf>

<https://www.cms.gov/index.php/Medicare/Medicare-General-Information/Telehealth/Telehealth-Codes>

<https://www.cms.gov/newsroom/fact-sheets/calendar-year-cy-2026-medicare-physician-fee-schedule-final-rule-cms-1832-f>

### Medica:

<https://www.medica.com/providers>

<https://www.medica.com/-/media/documents/provider/emergency-telemedicine-policy-excluding-mhcp.pdf?la=en&hash=D154D75363E094EB8C24010607883665>

### TennCare:

<https://www.tn.gov/content/dam/tn/tenncare/documents/TennCareMCOTelehealthGuidanceForSkilledTherapies.pdf>

<https://www.tn.gov/tenncare/information-statistics/tenncare-information-about-coronavirus.html>

<https://www.tn.gov/content/dam/tn/tenncare/documents/TennCareCovidBHGGroupTherapyTelehealth.pdf>

<https://www.tn.gov/content/dam/tn/tenncare/documents/TennCareMCOTelehealthExtensionForCOVID19.pdf>

<https://www.tn.gov/content/dam/tn/tenncare/documents/MemoToMCOsTelehealthTelephoneExtension12162020.pdf>

<https://www.tn.gov/content/dam/tn/tenncare/documents/MemoToTennCareProvidersTelehealth6212022.pdf>

### UHC Community Plan of TN:

[https://www.uhcprovider.com/content/dam/provider/docs/public/commplan/tn/news/PCA-20-00919-CS-WEB\\_04022020\\_0900am.pdf](https://www.uhcprovider.com/content/dam/provider/docs/public/commplan/tn/news/PCA-20-00919-CS-WEB_04022020_0900am.pdf)

<https://www.uhcprovider.com/content/dam/provider/docs/public/commplan/tn/news/TN-Telehealth-Billing-Reimbursement.pdf>

<https://www.uhcprovider.com/en/health-plans-by-state/tennessee-health-plans/tn-comm-plan-home.html>

### UHC:

<https://www.uhcprovider.com/en/resource-library/news/provider-telehealth-policies.html>

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