



# Transforming Health Care Access, Education, and Connection

## Transforming Rural Health

People living in rural and remote areas face persistent and systemic health care challenges such as geographic isolation, hospital and clinic closures, workforce shortages, and high burdens of chronic disease. Where there is a gap in health care access or quality, there is an opportunity to share resources and build bridges that improve health.

### Who We Are

The Rural Telementoring Center (RTTC) provides **FREE** training, tools, and technical assistance to support the implementation and evaluation of new and current telementoring programs for rural health workers. We support evidence-based, high-quality telementoring programs that expand care access, build cultural proficiency, and improve rural health.

### What is Telementoring?

Telementoring, or technology-enabled mentoring, is the use of telecommunication technology to deliver training, education, and support that builds health care capacity by:

- Delivering **evidence-based** curricula
- Offering **practice-based, culturally responsive** care
- Advancing the **skill set** of health workers
- **Task-shifting** to increase community access to specialized care
- Creating supportive, virtual **communities of practice and learning**



RuralTelementoring.org



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### Telementoring Models



#### Adapted Community Health Clubs

Peer-to-peer support and learning through facilitated health clubs



#### Webinars

Live audiovisual presentation with discussion and Q&A



#### ECHO

Hub-and-spoke model that connects subject-matter experts with community-based health care workers



#### Podcasts

Audio broadcasts available via handheld devices and web pages



#### Online Modules & Curricula

Self-paced learning via online modules and slides with or without audio



#### One-on-One Consultations

Phone or video conferencing between specialists and health care workers



#### Virtual Preceptorships

Mentoring opportunities to gain clinical experiences from providers



#### Virtual UnConference

Destructured participant driven virtual conference



This work is created by the Rural Telementoring Training Center.

[www.RuralTelementoring.org](http://www.RuralTelementoring.org)

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