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- Telephone

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- Arkansas Blue Cross Blue Shield
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### Telehealth Guidelines By Facility Type
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- Hospital Outpatient
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### HIPAA Compliant Software

### References and Resources
**Definition:** There are three types of telehealth services:

- **Asynchronous Telehealth (Store & Forward)** is the transfer of digital images, sounds, or previously recorded video from one location to another to allow a consulting practitioner (usually a specialist) to obtain information, analyze it, and report back to the referring practitioner. This is a non-interactive telecommunication because the physician or health care practitioner views the medical information without the patient being present.

- **Synchronous Telehealth** is real-time interactive video teleconferencing that involves communication between the patient and a distant practitioner who is performing the medical service. The practitioner sees the patient throughout the communication, so that two-way communication (sight and sound) can take place.

- **Remote Patient Monitoring** is use of digital technologies to collect health data from individuals in one location and electronically transmit that information to providers in a different location for assessment.

For the purposes of this document, the guidelines below are specific to synchronous telehealth with the originating site being the patient’s home, as that will be the most applicable during the COVID-19 pandemic.

**CPT/HCPCS Codes:**

Telehealth eligible CPT/HCPCs codes vary by payor (refer to payor guidelines section).

**Reporting Criteria:**

- Report the appropriate E/M code for the professional service provided.
- Communication must be performed via live two-way interaction with both video and audio.
  - During the COVID-19 pandemic, some payors have waived the video requirement.
- All payors had previously required that communications be performed over a HIPAA compliant platform. However, during the COVID-19 pandemic, several payors, including Medicare, have waived this requirement.
  - Refer to the HIPAA Compliant section for more details.

**Documentation Requirements:** Telehealth services have the same documentation requirements as a face-to-face encounter. The information of the visit, history, review of systems, consultative notes, or any information used to make a medical decision about the patient should be documented. In addition, the documentation should note that the service was provided through telehealth, both the location of the patient and the provider, and the names and roles of any other persons participating in the telehealth visit. Obtain verbal consent at the start of the visit and ensure consent is documented. Maintain a permanent record of the telehealth visit in the patient’s medical record.

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**E-VISITS**

**Definition:** Online Digital Evaluation and Management Services (E-Visits) are an E/M service provided by a Qualified Healthcare Professional or an assessment provided by a Qualified Nonphysician Healthcare Professional to a patient using an audio and visual software-based communication, such as a patient portal.

**CPT/HCPCS Codes:**

Reportable by a Qualified Healthcare Professionals:

- **99421**: Online digital evaluation and management service, for an established patient, for up to 7 days, cumulative time during the 7 days; 5-10 minutes.
- **99422**: Online digital evaluation and management service, for an established patient, for up to 7 days, cumulative time during the 7 days; 11-20 minutes.
- **99423**: Online digital evaluation and management service, for an established patient, for up to 7 days, cumulative time during the 7 days; 21 or more minutes.

Reportable by Qualified Nonphysician Healthcare Professionals (Physical Therapists, Occupational Therapists, Speech Language Pathologists, Clinical Psychologists Registered Dietitian, etc.):
- **G2061/98970**: Qualified nonphysician healthcare professional online assessment, for an established patient, for up to seven days, cumulative time during the 7 days; 5-10 minutes.
- **G2062/98971**: Qualified nonphysician healthcare professional online assessment, for an established patient, for up to seven days, cumulative time during the 7 days; 11-20 minutes.
- **G2063/98972**: Qualified nonphysician healthcare professional online assessment, for an established patient, for up to seven days, cumulative time during the 7 days; 21 or more minutes.

**Reporting Criteria:**

- Online visits must be initiated by the patient. However, practitioners can educate beneficiaries on the availability of e-visits prior to patient initiation.
- The patient must be established. However, during the COVID-19 pandemic Medicare and some other payors have waived this requirement.
- E-Visit codes can only be reported once in a 7-day period.
- Cannot report when service originates from a related E/M service performed/reported within the previous 7 days, or for a related problem within a postoperative period.
- E-Visits are reimbursed based on time.
  - The 7-day period begins when the physician personally reviews the patient's inquiry.
  - Time counted is spent in evaluation, professional decision making, assessment and subsequent management.
  - Time is accumulated over the 7 days and includes time spent by the original physician and any other physicians or other qualified health professionals in the same group practice who may contribute to the cumulative service time.
  - Does not include time spent on non-evaluative electronic communications (scheduling, referral notifications, test result notifications, etc.). Clinical staff time is also not included.

**Documentation Requirements:** These are time-based codes, and documentation must support what the physician did and for how long. Time is documented and calculated over the 7-day duration and must meet the CPTs time requirement. Obtain verbal consent at the start of the visit and ensure the consent is documented. Maintain a permanent record of the telehealth visit in the patient's medical record.

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**VIRTUAL CHECK-IN**

**Definition:** A brief check in between a practitioner and a patient via telephone or other audiovisual device to decide whether an office visit or other service is needed. A remote evaluation is recorded video and/or images submitted by an established patient.

**CPT/HCPCS Codes:**

- **G2012**: Brief communication technology-based service, e.g. virtual check-in, by a physician or other qualified health care professional who can report evaluation and management services, provided to an established patient, not originating from a related E/M service provided within the previous 7 days nor leading to an E/M service or procedure within the next 24 hours or soonest available appointment; 5-10 minutes of medical discussion.
- **G2010**: Remote evaluation of recorded video and/or images submitted by an established patient (e.g., store and forward), including interpretation with follow-up with the patient within 24 business hours, not originating from a related E/M service provided within the previous 7 days nor leading to an E/M service or procedure within the next 24 hours or soonest available appointment.
- **G2250**: Remote assessment of recorded video and/or images submitted by an established patient (e.g., store and forward), including interpretation with follow-up with the patient within 24 business hours, not originating from a related service provided within the previous 7 days nor leading to a service or procedure within the next 24 hours or soonest available appointment.
- **G2251**: Brief communication technology-based service, e.g. virtual check-in, by a qualified health care professional who cannot report evaluation and management services, provided to an established patient, not originating from a related service provided within the previous 7 days nor leading to a service or procedure within the next 24 hours or soonest available appointment; 5?10 minutes of clinical discussion.
- **G2252**: Brief communication technology-based service, e.g. virtual check-in, by a physician or other qualified health care professional who can report evaluation and management services, provided to an established patient, not originating from a related e/m service provided within the previous 7 days nor leading to an e/m service or procedure within the next 24 hours or soonest available appointment; 11-20 minutes of medical discussion.

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- **G0071**: Payment for communication technology-based services for 5 minutes or more of a virtual (non-face-to-face) communication between an rural health clinic (RHC) or federally qualified health center (FQHC) practitioner and RHC or FQHC patient, or 5 minutes or more of remote evaluation of recorded video and/or images by an RHC or FQHC practitioner, occurring in lieu of an office visit; RHC or FQHC only.

**Reporting Criteria:**

- The patient must be established. However, during the COVID-19 pandemic Medicare and some other payors have waived this requirement.
- Communication must be a direct interaction between the patient and the practitioner. Not billable if performed by clinical staff.
- If the virtual check-in originates from a related E/M provided within the previous 7 days, then the service is considered bundled into that previous E/M and would not be separately billable.
- If the virtual check-in leads to an E/M within the next 24 hours or soonest available appointment, then the service is considered bundled into the pre-visit time of the associated E/M and would not be separately billable.

**Documentation Requirements:**

Documentation should include medical decisions made, names and roles of any persons participating in the evaluation, and the communication method (telephone, video/audio software, etc.). Obtain verbal consent at the start of the visit and ensure the consent is documented. Maintain a permanent record of the telehealth visit in the patient’s medical record.

**Definition:** A telephone visit is an evaluation and management service provided by a qualified healthcare professional or an assessment and management service provided by a qualified nonphysician health care professional via audio telecommunication.

**CPT/HCPCS Codes:**

Reportable by Qualified Healthcare Professionals:

- **99441**: Telephone evaluation and management service by a physician or other qualified health care professional who may report evaluation and management services provided to an established patient, parent, or guardian not originating from a related E/M service provided within the previous 7 days nor leading to an E/M service or procedure within the next 24 hours or soonest available appointment; 5-10 minutes of medical discussion.
- **99442**: 11-20 minutes of medical discussion.
- **99443**: 21-30 minutes of medical discussion.

Reportable by Qualified Nonphysician Healthcare Professionals (Physical Therapists, Occupational Therapists, Speech Language Pathologists, Clinical Psychologists Registered Dietitian, etc.):

- **98966**: Telephone assessment and management service provided by a qualified nonphysician health care professional to an established patient, parent, or guardian not originating from a related assessment and management service provided within the previous 7 days nor leading to an assessment and management service or procedure within the next 24 hours or soonest available appointment; 5-10 minutes of medical discussion.
- **98967**: 11-20 minutes of medical discussion.
- **98969**: 21-30 minutes of medical discussion.

**Reporting Criteria:**

- Call must be initiated by the patient.
- The patient must be established. However, during the COVID-19 pandemic Medicare and some other payors have waived this requirement.
- Communication must be a direct interaction between the patient and the healthcare professional.
- If the call originates from a related E/M or assessment provided within the previous 7 days, then the service is considered bundled into that previous E/M or assessment and would not be separately billable.
- If the call leads to an E/M or assessment within the next 24 hours or soonest available appointment, then the service is considered bundled into the pre-visit time of the associated E/M or assessment and would not be separately billable.

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**Documentation Requirements:**

Documentation should include medical decisions made, the names and roles of any persons participating in the call, and the length of call. Obtain verbal consent at the start of the visit and ensure the consent is documented. Maintain a permanent record of the telehealth visit in the patient’s medical record.
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<th>PAYOR</th>
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*Excludes MHCP Members

**PAYOR MATRIX**

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Payor Specific Key Points:

E-Visits/Telephone/Virtual Check Ins:
- **Allowable Codes:**
  - **E-Visits:** 99421-99423, 98970-98972, G2061-G2063.
  - **Telephone:** 99441-99443, 98966-98968
  - **Virtual Check-Ins:** G2010, G2012
- **Effective Date:** March 6th, 2020-Further Notice
- **Modifier:** None
- **Patient Type:** Established
- **Telephone Reimbursement:** Telephone services (99441-99443) provided March 5th, 2020 through September 30th, 2020 were reimbursed at the same rate as a 99212-99214 E/M office visit (ex. 99441 equaled a 99212 E/M reimbursement). After September 30, 2020, telephone-only services resumed to pre-March 5, 2020 rates.

Telehealth:
- **Allowable Codes:** See table below
  - **Wellness:** Appropriate E/M codes with a wellness diagnosis for wellness aspects of the visit done via telehealth will be covered. Preventative visit codes should be billed when routine in-office visits can resume, and the remaining parts of the well visit can be completed. Both services will be fully reimbursed, and the patient will not incur a cost share.
- **Effective Date:**
  - Expanded telehealth code set: March 6th, 2020-Further Notice
  - Original telehealth code set: N/A
- **HIPAA Compliant Platform:** Non-HIPAA compliant, non-public facing software can be utilized for telehealth visits, such as Skype & FaceTime.
- **Modifiers/POS:**
  - **Commercial:**
    - 1500: POS 02 with modifier GT for CMS recognized CPTs or modifier 95 for AMA Appendix P.
    - UB: Modifier GT or 95
  - **Medicare Advantage:**
    - 1500: POS that would have been used if the service were performed in person (e.g. POS 11) with modifier 95.
    - UB: Modifier 95
- **Not Reimbursable:**
  - Asynchronous Telemedicine Services (services reported w/ GQ modifier).
  - Services that do not include direct patient contact, such as physician standby services.
- **Provider Type:** Not specified
  - Aetna will allow physicians to provide care from any location, including the provider’s home.
- **Reimbursement:** Reimbursement will be at the same rate as in-person face-to-face visits, refer to your Aetna contract for allowable rates.
- **Transmission & Originating Site Fees:** For their commercial product, T1014 and Q3014 are not eligible for payment, Aetna considers these services as incidental to the charges associated with the E/M. For their Medicare Advantage product Aetna will allow an originating site fee (Q3014) as appropriate.
- **Video Component:** The telehealth video component is required, except on codes indicated below that can be provided over audio only.

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Cost Share Waiver:

- **Commercial:**
  - Effective March 6\(^{th}\), 2020 through June 4\(^{th}\), 2020, Aetna will waive member cost sharing for in-network telemedicine visits, regardless of diagnosis.
  - Effective June 5\(^{th}\), 2020 through January 31\(^{st}\), 2021, Aetna will waive member cost sharing for in-network telemedicine visits for behavioral and mental health counseling services only.
  - Self-insured plans can opt-out at their discretion.

- **Medicare Advantage:**
  - Effective March 6\(^{th}\), 2020 through May 13\(^{th}\), 2020, Aetna will waive member cost sharing for in-network telemedicine visits, regardless of diagnosis.
  - Effective May 13\(^{th}\), 2020 through January 31\(^{st}\), 2021 Aetna will waive member out-of-pocket costs for all in-network primary care and specialist visits, regardless of diagnosis.
  - Effective January 31\(^{st}\), 2021 through March 31\(^{st}\), 2021, Aetna will waive member cost sharing for in-network telehealth visits for primary care and behavioral health.

### AETNA ELIGIBLE TELEHEALTH CODES

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Disclaimer: Although the data found here has been produced and processed from payer sources believed to be reliable, no warranty expressed or implied is made regarding accuracy, adequacy, completeness, legality, reliability or usefulness of any information.
### Codes in Blue Require an Audiovisual Connection

### Codes in Green Can be Performed Over a Telephone or Audiovisual Connection.

### Cells Highlighted in Yellow do NOT Require Modifier GT or 95.

| G2063 | 92014 | 97112 | 97166 | 99224 | 99291 | 99334 | 99468 | G0396 | G0459 | 92014 | 97112 | 97166 | 99224 | 99291 | 99334 | 99468 | G0396 | G0459 | 90836 | 96116 | 96164 | 99406 |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| G9685 | 92601 | 97116 | 97167 | 99225 | 99292 | 99335 | 99469 | G0397 | G0270 | 90837 | 96121 | 96165 | 99407 |
| H0015 | 92602 | 97150 | 97168 | 99226 | 99304 | 99336 | 99471 | G0406 | G0506 | 90838 | 96127 | 96167 | G0436 |
| H0035 | 92603 | 97151 | 97530 | 99231 | 99305 | 99337 | 99472 | G0407 | G0513 | 90839 | 96130 | 96168 | G0437 |
| H2012 | 92604 | 97152 | 97542 | 99232 | 99306 | 99341 | 99475 | G0408 | G0514 | 90840 | 96131 | 97535 | 99441 |
| H2036 | 94002 | 97153 | 97750 | 99233 | 99307 | 99342 | 99476 | G0420 | G2010 | 90845 | 96132 | 97802 | 99442 |
| Q3014 | 94003 | 97154 | 97755 | 99234 | 99308 | 99343 | 99477 | G0421 | G2012 | 90846 | 96133 | 97803 | 99443 |
| S9152 | 94004 | 97155 | 97760 | 99235 | 99309 | 99344 | 99478 | G0425 | G2086 | 90847 | 96136 | 97804 | 99446 |
| Q3014 | 94005 | 97156 | 97761 | 99236 | 99310 | 99345 | 99479 | G0426 | G2087 | 90853 | 96137 | 99447 |
| 60442 | 90953 | 96110 | 97158 | 98971 | 99239 | 99316 | 99348 | 99483 | 60442 | 90785 | 92507 | 96139 | 98966 | 99448 |
| 90875 | 94664 | 97157 | 98970 | 99238 | 99315 | 99347 | 99480 | G0427 | G2088 | 90863 | 96138 | 98966 | 99448 |
| 9451   | 99452 | 99497 | 99498 | G0438 | G0439 | G0422 | G0423 | G0424 | G0423 | G0424 | 99221 | 99222 |
| 92012  | 93750 | 93797 | 93798 | 95970 | 95971 | 95972 | 95983 | 95984 | 95985 | 90953 | 90875 | 94664 | 97157 | 98970 | 99238 | 99315 | 99347 | 99480 | G0427 | G2088 | 90863 | 96138 | 98966 | 99448 |

*Disclaimer: Although the data found here has been produced and processed from payer sources believed to be reliable, no warranty expressed or implied is made regarding accuracy, adequacy, completeness, legality, reliability or usefulness of any information.*
Payor Specific Key Points:

The below is applicable only to fully insured Arkansas Blue Cross and Health Advantage plans including Individual Metallic Exchange Plans. The below does not necessarily apply to self-funded plans (like Walmart, Tyson Foods, or J.B. Hunt, etc.) as they can decide their own telehealth coverage policies. The Arkansas State Employees/Public School Employees have opted into these temporary policy changes regarding telehealth. Furthermore, the below does not apply to FEP and out-of-state plans.

E-Visits/Telephone/Virtual Check Ins:

- **Allowable Codes:**
  - E-Visits: 99421-99423
  - Telephone: 99441-99443
  - Virtual Check-Ins: Not Allowable
- **Effective Date:** March 16th, 2020 through April 21st, 2021
- **Modifier/POS:** POS 02
- **Patient Type:** Established

Telehealth:

- **Allowable Codes:** AR BCBS will allow providers to bill the codes in the provided matrix at the end of this section, note that these codes are specific to certain providers.
- **Effective Date:** March 16th, 2020 through April 21st, 2021
- **HIPAA Compliant Platform:** Non-HIPAA compliant, non-public facing software can be utilized for telehealth visits, such as Skype & FaceTime.
- **Modifiers/POS:**
  - Professional (1500) claims: Modifier 95 or GT with POS 02.
  - Facility (UB) Claims: Modifier 95 or GT
  - CS Modifier:
    - If billing a COVID-19 related treatment in an office, urgent care, emergency room, or inpatient setting, and COVID-19 is the primary DX, then modifier CS should be appended. Telehealth services as indicated by related to COVID-19 do not require the CS modifier, as AR BCBS has waived cost sharing on those services regardless of DX code.
- **Provider Type:** Allowable provider types are specific to each code set, see below telehealth code matrix
- **Patient Type:** Telehealth codes can be billed for both new and established patients. Patient may be located at their home, or other originating site.
- **Video Component:** Codes that can be provided over audio only are highlighted in green in the below allowable code matrix. BCBS AR has specifically stated that physicians (MDs and DOs), advance practice nurse practitioners, physician assistants and behavioral health professionals who provide services via audiovisual or telephone should use the telehealth CPT (E&M) codes, not the telephone CPT codes. These services, whether provided via audiovisual or telephone, will be reimbursed at the telehealth rate.
- **Transmission & Originating Site Fees:** AR BCBS allows HCPCS Q3014 (originating site fee), but does not allow T1014 (transmission fees).
- **Reimbursement:** Reimbursement will be consistent with the provider’s BCBS fee schedule. Effective March 16th AR BCBS has increased the overall compensation for telehealth services for fully insured members by reimbursing all such services at the “office” level.

Cost Share Waiver:

Effective March 16th, 2020-April 21st, 2021 AR BCBS waived the member’s cost share for telehealth services, for any DX, as indicated by the highlighted codes in the below telehealth code matrix.
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<td>The below codes may be billed by clinical psychologists (PhD/PsyD/EdD), licensed psychological examiners (LPE), advance nurse practitioners (APNs) with psychiatric certification, licensed clinical social workers (LCSWs), licensed professional counselors (LPCs), and physicians (MDs and DOs).</td>
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Payor Specific Key Points

Effective January 1st, 2021

E-Visits/Telephone/Virtual Check Ins:

- **Allowable Codes:**
  - E-Visits: Not Allowable
  - Telephone: 99441-99443
  - Virtual Check-Ins: G2012-reimbursable only through April 20, 2021

- **Effective Date:** Effective January 1st, 2021 Cigna implemented a permanent Virtual Care Policy.

- **Modifier:** None

- **Patient Type:** Established

E-Consults:

Cigna recognizes E-Consult codes, which occurs when a treating health provider seeks guidance from a specialist physician through electronic means (phone, internet, EHR consultation, etc.)

- **Allowable Codes:** 99446-99452

- **Effective Date:** March 2nd, 2020-April 20, 2021

- **Modifier & POS:** No modifier, unless COVID-19 related, then utilize modifier CS. POS used if visit was performed in person.

- **Patient Type:** New or Established

- **Non-Billable:**
  - If the consultation to a transfer of care or other face-to-face service (e.g., a surgery, a hospital visit, or a scheduled office evaluation of the patient) within the next 14 days or next available appointment date of the consultant, these codes should not be billed.
  - If the consultation lasted less than 5 minutes.
  - If the consultation was for the sole purpose to arrange transfer of care or a face to face visit.

Telehealth:

- **Allowable Codes:** See below table for allowable telehealth codes.

  - Cigna will reimburse telehealth when ALL of the following are met:
    - Services must be provided over an interactive audiovisual connection.
    - Services rendered via telephone only are considered interactive and will be reimbursed when the appropriate telephone only code is billed.
    - Service would be reimbursable if the service were provided face-to-face.
    - The patient and/or actively involved caregiver must be present on the receiving end and the service must occur in real time.
    - All technology used must be secure and meet or exceed federal and state privacy requirements.
    - A permanent record of online communications relevant to the ongoing medical care and follow up of the customer is maintained as part of the customer’s medical record as if the service were provided as an in-office visit.
    - The permanent record must include documentation which identifies the virtual service delivery method. I.e.: audio/video or telephone only.
    - All services provided are medically appropriate and necessary.
    - The evaluation and management services (E/M) provided virtually must meet E/M criteria as defined in the 1997 Centers for Medicare and Medicaid Services (CMS) Documentation guidelines for codes outside of the 99202 through 99215 range and the 2021 CPT E/M documentation guidelines outlined by the American Medical Association for codes within the range 99202 through 99215.
    - The patient’s clinical condition is of low to moderate complexity, and while it may be an urgent encounter, it should not be an emergent clinical condition.
• Services must be provided by a health care professional who is licensed, registered, or otherwise acting within the scope of his/her licensure.
• Services must be billed on a 1500 form or electronic equivalent.

- **Effective Date:** Effective January 1st, 2021 Cigna implemented a permanent Virtual Care Policy.
- **Excluded Services:**
  - Service occurs on the same day as a face to face visit, when performed by the same provider and for the same condition.
  - Services billed within the post-operative period of a previously completed major or minor surgical procedure will be considered part of the global payment for the procedure and not reimbursed separately.
  - Services performed via asynchronous communications systems (e.g., fax).
  - Store and forward telecommunication [transferring data from one site to another through the use of a camera or similar device that records (stores) an image that is sent (forwarded) via telecommunication to another site for consultation] whether an appropriate virtual care modifier is appended to the procedure code or not.
  - Communications are incidental to E/M services, counseling, or medical services included in this policy, including, but not limited to reporting of test results and provision of educational materials.
  - Administrative matters, including but not limited to, scheduling, registration, updating billing information, reminders, requests for medication refills or referrals, ordering of diagnostic studies, and medical history intake completed by the patient.
  - Urgent Care centers will not be reimbursed for virtual care under the Cigna’s virtual care policy.

- **HIPAA Compliant Platform:** All technology used must be secure and meet or exceed federal and state privacy requirements.
  - However, through the PHE (currently set to end April 20th, 2021) providers may use non public facing, non-HIPAA compliant platforms, such as FaceTime, Skype, Zoom, etc.

- **Modifiers/POS:**
  - **Professional/1500 Claims:** POS that would have been used if the service were performed in person (e.g. POS 11) and modifier 95 or GT.
    - Modifier 95 (Synchronous telemedicine service rendered via a real-time interactive audio and video telecommunication system)
    - Modifier GT (Via interactive audio and video telecommunications systems) should be reported with the applicable procedure code when performing a service virtually to indicate the type of technology used and to differentiate a virtual care encounter from an encounter when the physician and patient are at the same site.
  - **Facility/UB Claims:** Services billed on a UB-04 claim will not be reimbursed under Cigna’s virtual care policy. However, Cigna will temporarily reimburse virtual care services billed on a UB-04 through April 20th, 2021 when the service is:
    - Reasonable to be provided in a virtual setting; and
    - Reimbursable per a provider’s contract; and
    - Synchronous audiovisual technology is utilized (except for CPTs 99441-99443)
  - **COVID-19 Related Telehealth Care:**
    - Suspected or Likely COVID-19 Exposure: ICD-10 Z03.818, Z20.822 or Z20.828, CS modifier, and GT or 95 modifier.
    - Confirmed COVID-19 Case: ICD-10 U07.1, J12.82, M35.81, M35.89, and GT or 95 modifier.

- **Patient Type:** New or established patients.
- **Provider Type:** Providers who are licensed, registered, or otherwise acting within the scope of their licensure may provide telehealth services.
- **Reimbursement:** Reimbursement will be at the same rate as in-person face-to-face visits, refer to your Cigna contract for allowable rates.
- **Video Component:** An audiovisual connection is required except for telephone codes.
- **Transmission & Originating Site Fees:** Cigna will not reimburse an originating site of service fee or facility fee for telehealth visits (HCPCS Q3014). Cigna will also not reimburse transmission fees; transmission of digitalized data is considered integral to the procedure performed and is not separately reimbursable.
 Disclaimer: Although the data found here has been produced and processed from payer sources believed to be reliable, no warranty expressed or implied is made regarding accuracy, adequacy, completeness, legality, reliability or usefulness of any information.

CIGNA ELIGIBLE TELEHEALTH CODES

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- Preventive care codes (99381-99387 and 99391-99397) will be temporarily allowed through April 20th, 2021.

Cost Share Waiver:

- Effective March 13th, 2020 through April 20th, 2021, Cigna will waive member cost sharing for diagnostic testing and office visits/telehealth visits related to assessment and administration of diagnostic testing. Cigna will also waive member cost sharing for all virtual screening telephone consults (regardless of DX).

Effective March 2nd, 2020-December 31st, 2020

E-Visits/Telephone/Virtual Check Ins:

- Allowable Codes:
  - E-Visits: Check Provider Fee Schedule
  - Telephone: Check Provider Fee Schedule
  - Virtual Check-Ins: G2012 (Cigna classifies a Virtual Check-In as “5-10-minute virtual screening telephone consult”
- Effective Date: March 2nd, 2020-January 21st, 2021
- Modifier: None
- Patient Type: Established

E-Consults:

Cigna recognizes E-Consult codes, which occurs when a treating health provider seeks guidance from a specialist physician through electronic means (phone, internet, EHR consultation, etc.)

- Allowable Codes: 99446-99452
- Effective Date: March 2nd, 2020-January 21st, 2021
- Modifier & POS: No modifier, unless COVID-19 related, then utilize modifier CS. POS used if visit was performed in person.
- Patient Type: New or Established
- Non-Billable:
  - If the consultation to a transfer of care or other face-to-face service (e.g., a surgery, a hospital visit, or a scheduled office evaluation of the patient) within the next 14 days or next available appointment date of the consultant, these codes should not be billed.
  - If the consultation lasted less than 5 minutes.
  - If the consultation was for the sole purpose to arrange transfer of care or a face to face visit.

Telehealth:

- Allowable Codes: Cigna will allow any existing face-to-face service on a provider’s fee schedule to be performed and billed via telehealth.
o **Level Four & Five Codes**: Cigna has encouraged providers to bill the appropriate E/M code that was performed; however providers should be cognizant when billing level four and five codes for virtual services. Cigna will reimburse these services consistent with face-to-face rates but will monitor the use of level 4 and 5 codes and audit as necessary.

o **Inappropriate Virtual Services**: Cigna will closely monitor and audit claims for inappropriate services that should not be performed virtually (including but not limited to: acupuncture, all surgical codes, anesthesia, radiology services, laboratory testing, administration of drugs and biologics, infusions or vaccines, and EEG or EKG testing).

o **Urgent Care Centers**: Virtual care services are covered, including S9083 for services that require a more complex telephone call. Cigna will reimburse the full face to face rate of insured and NON-ERISA ASO providers where telehealth parity laws exist. For all other providers, Cigna will reimburse urgent care centers a flat rate of $88.00 per visit.

- **Effective Date**: March 2nd, 2020-December 31st, 2020.
- **HIPAA Compliant Platform**: Telehealth visits can be performed via non-compliant HIPAA platforms, such as FaceTime, Facebook Messenger, Skype, and Google Hangouts.
- **Modifiers/POS**:
  - **Professional/1500 Claims**: Modifiers GT or 95 with POS that would have been used if service had been provided in-person. DO NOT use POS 02 for virtual visits, as that will result in reduced payment or denied claims.
  - **Facility/UB Claims**: Appropriate revenue code and modifiers GT or 95
  - **COVID-19 Related Telehealth Care**:
    - Suspected or Likely COVID-19 Exposure: ICD-10 Z03.818 or Z20.828, CS modifier, and GT or 95 modifier.
    - Confirmed COVID-19 Case: ICD-10 U07.1
  - **DX Code Placement**:
    - Cigna does not require any specific placement for COVID-19 DX codes, however they recommend providers place the COVID-19 DX code for confirmed or suspected cases in the first position when the primary reason for the visit is to determine if the patient has COVID-19.
    - For services where COVID-19 is not the reason for visit (ex.-labor/delivery), but the patient is also tested for COVID-19, the provider should bill the DX code specific to the primary reason for visit in the first position, and the COVID-19 DX code in any position after the first.

- **Patient Type**: New or established patients.
- **Provider Type**: If the provider can deliver the service in a clinic/facility setting, then they can also provide the service virtually. Providers should bill virtual visits on the same form they usually do (UB/1500) for in-person visits.
- **Reimbursement**: Reimbursement will be allowed at 100% of the provider’s contracted rate, refer to your Cigna contract for allowable rates.
- **Video Component**: Telehealth codes can be performed over an audiovisual or audio only connection.
- **Transmission & Originating Site Fees**: Cigna will not reimburse an originating site of service fee or facility fee for telehealth visits (HCPCS Q3014). Cigna will also not reimburse for transmission fees.

**Cost Share Waiver**:

- Effective March 13th, 2020 through January 21st, 2021, Cigna will waive member cost sharing for diagnostic testing and office visits/telehealth visits related to assessment and administration of diagnostic testing. Cigna will also waive member cost sharing for all virtual screening telephone consults (regardless of DX).
- Effective March 30th, 2020 through December 31st, 2020, Cigna will waive member cost sharing for all COVID-19 related treatment.

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Payor Specific Key Points:

E-Visits/Telephone/Virtual Check Ins:

- **Allowable Codes**:
  - **E-Visits**: 99421-99423, 98970-98972, G2061-G2063.
  - **Telephone**: 98966-98968, 99441-99443
  - **Virtual Check-In**: G2010, G2012

- **Effective Date**: March 6th, 2020- the duration of the federal PHE or February 1st, 2021, whichever is later
- **Modifier**: None
- **Patient Type**: Established

Telehealth:

- **Allowable Codes**: See table below for specific codes. Medica has provided a list of examples of allowable telehealth services, including, but not limited to the following:
  - Consultations
  - Telemedicine consults: emergency department or initial inpatient care
  - Subsequent hospital care services
  - Subsequent nursing facility care services
  - End stage renal disease services
  - Individual medical nutrition therapy
  - Individual and group diabetes self-management training
  - Smoking cessation
  - Alcohol and substance abuse (other than tobacco) structured assessment and intervention services
  - Individual psychotherapy
  - Psychiatric diagnostic interview examinations
  - Family psychotherapy with or without patient present

  - **Wellness Visits**: Effective June 1st, 2020, Medica is allowing preventive visits to be provided via telehealth utilizing CPTs 99381-99387 and 99391-99397. Providers may perform all or portions of a preventive visit that can be done appropriately and effectively via telehealth. Services that require face-to-face interaction may be provided at a later date, however, providers may only bill one preventive medicine code to cover both the portion done via telehealth and any necessary face-to-face interaction associated with the preventive care service.

  - **Effective Date**: March 6th, 2020- the duration of the federal PHE or February 1st, 2021, whichever is later
  - **HIPAA Compliant Platform**: Telehealth visits can be performed via non-compliant HIPAA platforms, such as FaceTime, Facebook Messenger, and Skype.
  - **Modifiers/POS**:
    - **Professional (1500) Claims**:
      - **Commercial**: POS 02 with modifier GT for CMS recognized CPTs or modifier 95 for AMA Appendix P CPTs.
      - **Medicare Advantage** POS that would have been used if the visit were performed in person with modifier 95.
    - **Facility (UB) Claims**: Utilize modifier GT or 95.
    - **COVID-19 Related**: For services relating to the order for or administration of a COVID-19 diagnostic test or for services related to the evaluation of an individual for purposes of determining the need for diagnostic testing, append modifier CS.

  - **Patient Type**: Not Specified.

- **Provider Type**: Audiologist, Certified Genetic Counselor, Clinical Nurse Specialist, Clinical Psychologist, Clinical Social Worker, Licensed Professional Clinical Counselor, Licensed Marriage and Family Therapist, Licensed Drug & Alcohol Counselor, Dentist, Nurse Midwife, Nurse Practitioner, Occupational Therapist, Physical Therapist, Physician, Physician Assistant, podiatrist, Registered Dietitian or Nutrition Professional, and Speech Therapist.
Reimbursement: Reimbursement will be at the same rate as in-person face-to-face visits, refer to your Medica contract for allowable rates.

Store and Forward Telehealth: Medica allows both synchronous (interactive audiovisual communication) and asynchronous (store and forward).

Originating Sites:
  - Allowable originating sites:
    - Office of physician or practitioner; hospital (inpatient or outpatient); home; critical-access hospital (CAH); rural health clinic (RHC) and federally qualified health center (FQHC); hospital-based or CAH-based renal dialysis center (including satellites); skilled nursing facility (SNF); end-stage renal disease (ESRD) facilities; community mental health center; Residential Substance Abuse Treatment Facility; and other eligible medical facilities.

Transmission & Originating Site Fees: Transmission fees (HCPCS T1014) are not eligible for payment, however Medica will allow an originating site fee (HCPCS Q3014) to be billed by an originating site facility.

Telehealth Coverage Limitations: The following are not covered under telemedicine:
  - Provider initiated e-mail, refilling or renewing existing prescriptions, scheduling a diagnostic test or appointment, clarification of simple instructions or issues from a previous visit, reporting test results, reminders of scheduled office visits, requests for a referral, non-clinical communication (i.e. Updating patient information), providing educational materials, Brief follow-up of a medical procedure to confirm stability of the patient’s condition without indication of complication or new condition including, but not limited to, routine global surgical follow-up, brief discussion to confirm stability of the patient’s chronic condition without change in current treatment, when information is exchanged and the patient is subsequently asked to come in for an office visit, a service that would similarly not be charged for in a regular office visit, consultative message exchanges with an individual who is seen in the provider’s office immediately afterward, communication between two licensed health care providers that consists solely of a telephone conversation, email or facsimile, communications between a licensed health care provider and a patient that consists solely of an e-mail or facsimile.

Video Component: See below matrix for codes that can be performed over an audio only connection.

Cost Share Waiver:
  - Effective March 1st, 2020 through April 30th, 2021 Medica will waive cost-sharing for in-network telehealth visits when related to administration of a COVID-19 test. Utilize the Medica provider portal for details regarding cost-share waivers for specific patients, as the cost share waiver for telehealth may vary by plan.

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Payor Specific Key Points:

E-Visits/Telephone/Virtual Check Ins:

- **Allowable Codes:**
  - E-Visits: 99421-99423, G2061-G2063
  - Telephone: 99441-99443, 98966-98968
  - Virtual Check-In: G2010, G2012, G2250-G2251, G2252

- **Effective Date:**
  - E-Visits & Virtual Check-Ins: Permanently Allowed
  - Telephone: March 6th, 2020-End of PHE

- **Modifier:**
  - E-Visits & Virtual Check-Ins: None
  - Telephone: Modifier 95

- **Patient Type:** New & Established (New patients allowable only for COVID-19 PHE)

- **Provider Type:**
  - E-Visits (99421-99423), Telephone (99441-99443), Virtual Check-In (G2010, G2012, G2252): Qualified Healthcare Professional.
  - E-Visits (G2061-G2063) Virtual Check-In (G2250 & G2251): Effective January 1st, 2021 Medicare clarified that licensed clinical social workers, clinical psychologists, physical therapists (PTs), occupational therapists (OTs), and speech-language pathologists (SLPs) can furnish E-visits (G2061-G2063) and Virtual Check-Ins. Medicare created two new HCPCS codes, G2250 & G2251, for virtual check-ins for these provider types.

  - **Telephone Services Reporting:** When providers are providing an E/M service that would otherwise be reported as an in-person or telehealth visit, using audio-only technology, providers should utilize the appropriate telephone E/M code (99441-99443), not the in person or telehealth visit code.

  - **Telephone Reimbursement Change:** Effective March 1st, 2020, CMS has increased payments for telephone visits to match payments for similar office and outpatient visits.

Telehealth:

- **Allowable Codes:** See table below for all codes allowable via telehealth.
  - Note- Telehealth rules do not apply when the beneficiary and the practitioner are in the same location and are utilizing telehealth to reduce exposure risks, even if audio/video technology assists in furnishing a service.

- **Effective Date:** Effective March 6th, 2020-End of COVID-19 PHE.
  - CMS implemented an 1135 blanket waiver for Medicare telehealth services. This waiver allows for additional flexibilities in Medicare telehealth services. Specifically, Medicare will pay for office, hospital, and other visits furnished via telehealth across the country, whether urban or rural, and in all settings, including in patients’ homes. Prior to this waiver, Medicare required telehealth to originate from a healthcare facility within a rural area.

  - HIPAA Compliant Platform: Effective March 17th, 2020-End of COVID-19 PHE, the HHS Office for Civil Rights (OCR) will waive penalties for HIPAA violations against health care providers that serve patients in good faith through everyday communications technologies, such as FaceTime.

  - Hospitals-CAH & PPS: See “Hospital” section for details on Medicare telehealth hospital regulations.

  - **Modifiers/POS:**
    - Professional (1500) Claims: POS that would have been used if the visit were provided in person with modifier 95.
    - CAH Method II (UB) Claims: Modifier GT
    - CAH & PPS PT/OT/Speech UB Claims: Modifier 95
    - PPS Facility (UB) Claims: PN or PO modifier with condition code DR. Appropriate use of the PN and PO modifier is dependent on your specific services and locations. See the “hospital” section for details.
    - COVID-19 Related: If COVID-19 Part B related services were performed also append a CS modifier to applicable line items.

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• **DR Condition Code & CR Modifier:** For all services relating to a COVID-19 waiver, except telehealth services, append the “DR” condition code (UB claims) or “CR” modifier (1500 claims).

• **Patient Type:** As part of the CARES Act, practitioners can provide telehealth services to both new and established patients.

• **Provider Type:** All health care practitioners who are authorized to bill Medicare for their professional services may also furnish and bill for telehealth services. This allows health care professionals who were not previously authorized under the statute to furnish and bill for Medicare telehealth services, including physical therapists, occupational therapists, speech language pathologists, and others, to receive payment for Medicare telehealth services.
  - There are no payment restrictions on distant site providers furnishing Medicare telehealth services from their home during the PHE. Report the place of service code that would have been reported had the service been furnished in person.
  - Direct supervision may be provided using real-time, interactive audio and video technology through the later of the end of the calendar year in which the PHE ends or December 31, 2021.

• **Reimbursement:** Reimbursement will be at the same rate as in-person face-to-face visits, refer to the Medicare fee schedule for allowable rates.
  - **Site of Service Differential:** Prior to CMS-1744-IFC, services that had a site differential (facility versus office), were paid on the facility payment rate when services were furnished via telehealth. Effective March 1st, 2020, CMS now allows physicians’ offices to be paid at the office rate.
    - Providers should report the POS code that would have been reported had the service been furnished in person with modifier 95.
    - CMS is maintaining the facility payment rate for services billed using the POS code 02 if providers choose to not change their current billing practices.

• **Removal of Frequency Limitations on Medicare Telehealth:** Per CMS, the following services no longer have limitations on the number of times they can be provided by telehealth:
  - A subsequent inpatient visit can be furnished via telehealth, without the limitation that the telehealth visit is once every three days (CPT codes 99231-99233).
  - A subsequent skilled nursing facility visit can be furnished via telehealth, without the limitation that the telehealth visit is once every 30 days (CPT codes 99307-99310).
    - Effective January 1st, 2021 Medicare has permanently changed the frequency limitation of subsequent skilled nursing visits to one visit every 14 days.
  - Critical care consult codes may be furnished by telehealth beyond the once per day limitation (CPT codes G0508-G0509).

• **Rural Health Clinics & Federally Qualified Health Centers:** See the RHC and FQHC section for specific billing regulations.

• **Transmission/ Originating Site Fees:** Medicare does not reimburse for transmission fees. If applicable, Medicare will reimburse an originating site fee (HCPCS Q3014).
  - Effective April 30th, 2020, Hospitals may bill as the originating site for telehealth services furnished by hospital-based practitioners to Medicare patients registered as hospital outpatients, including when the patient is located at home.

• **Video Component:** See the “Medicare Telehealth Allowable Codes” below for codes that can be performed via an audio only connection during the COVID-19 PHE only.
  - Effective January 1st, 2021-Medicare is creating a new permanent HCPCS G-code (G2252) describing 11-20 minutes of medical discussion to determine the necessity of an in-person visit. This HCPCS G-Code will take place of audio only allowable telehealth services once the COVID-19 PHE is over.

### Cost Share Waiver:

- The Families First Coronavirus Response Act waives cost-sharing under Medicare Part B (coinsurance and deductible). Therefore, cost-sharing does not apply for COVID-19 testing-related services, which are medical visits that: are furnished between March 18, 2020 and the end of the PHE that result in an order for or administration of a COVID-19 test; are related to furnishing or administering such a test or to the evaluation of an individual for purposes of determining the need for such a test; and are in any of the following categories of HCPCS evaluation and management codes: Office and other outpatient services, hospital observation services,
emergency department services, nursing facility services, domiciliary, rest home, or custodial care services, home services, online digital evaluation, and management services.


  Use these HCPCS codes for billing:
  - Physicians and non-physician practitioners
  - Outpatient Prospective Payment System (OPPS)
  - RHCs and FQHCs
  - CAHs: use OPPS codes
  - Method II CAHs: use the OPPS list or the physician and non-physician practitioner list, as appropriate.

- Cost-sharing does not apply to the above medical visit services for which payment is made to:
  - Hospital Outpatient Departments paid under the Outpatient Prospective Payment System,
  - Physicians and other professionals under the Physician Fee Schedule, Critical Access Hospitals (CAHs), Rural Health Clinics (RHCs), Federally Qualified Health Centers (FQHCs).

- Providers who bill for Medicare Part B services should use CS modifier on applicable claim lines.

- Providers should NOT charge Medicare patients any co-insurance and/or deductible amounts for these services.

## 2020 MEDICARE ELEGIBLE TELEHEALTH CODES

<table>
<thead>
<tr>
<th>2020 Standard Telehealth Codes</th>
<th>Temporarily Added Telehealth Codes for the COVID-19 Pandemic- Effective March 1st 2020</th>
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**Temporarily Added Telehealth Codes for the COVID-19 Pandemic- Effective March 1st 2020**

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<tr>
<td>Codes Highlighted in Yellow - Have a Medicare Payment Limitation (See Table Below)</td>
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**2021 MEDICARE ELEGIBLE TELEHEALTH CODES**

**2021 Standard Telehealth Codes**

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E-Visits/Telephone/Virtual Check Ins:

- **Allowable Codes:**
  - E-Visits: Not Allowed
  - Telephone: Not Allowed
  - Virtual Check-Ins: G2012

- **Effective Date:** March 18th, 2020-End of PHE
- **Modifier/POS:** None
- **Patient Type:** Established
- **Reimbursement:** HCPCS G2012 will be reimbursed at a rate of $13.33.

To bill for HCPCS G2012, the following conditions must be met:

- Virtual Check-Ins can be performed via any real-time audio (telephone), or “2-way audio interactions that are enhanced with video or other kinds of data transmission.”
- Virtual Check-Ins should be used for:
  - Any chronic patient who needs to be assessed as to whether an office visit is needed.
  - Patients being treated for opioid and other substance-use disorders.
- A nurse or other staff member cannot provide this service. It must be a clinician who can bill primary care services.
- If an E&M service is provided within the defined time frames, then the telehealth visit is bundled with that E&M service. It would be considered pre- or post-visit time and not separately billable.
- There are no geographic location restrictions for the patient.
- Communication must be HIPAA compliant.

Telehealth:

- **Allowed Codes:** Per the Arkansas Medicaid provider manual, section 105.190, “Arkansas Medicaid shall provide payment to a licensed or certified healthcare professional or a licensed or certified entity for services provided through telemedicine if the service provided through telemedicine is comparable to the same service provided in person.”
  - **Physician Telehealth:**
    - **Originating Site Requirement Waiver:** Physicians can utilize telehealth technology, including telephone, when appropriate, to diagnose, treat, and prescribe non-controlled substances to a patient, while the patient is located within their home, as long as the following conditions are met:
      - The technology must be real-time (cannot be delayed communications).
      - The physician must have access to the patient’s medical records.
    - **Professional Relationship Waiver:** Previously, a provider had to have an established relationship with a patient prior to utilizing telehealth technology (see Medicaid Provider Manual section 105.190), however Arkansas Medicaid has waived this requirement during the current PHE as long as the following conditions are met:
      - The physician providing telehealth services must have access to a patient’s personal health record maintained by a physician.
      - The telemedicine service may be provided by any technology deemed appropriate, including telephone, but it must be provided in real time (cannot be delayed communication).
      - Physicians may use telemedicine to diagnose, treat, and, when clinically appropriate, prescribe a non-controlled drug to the patient.
  - **Effective Date:** For physicians, the effective date of these changes is March 18th, 2020, however for nurse practitioners the effective date of these changes is March 12th, 2020.
  - **Physical, Occupational, and Speech Therapy:**
Individual Therapy Services: Effective March 20th, 2020 Arkansas Medicaid is waiving the originating site requirement for the following services only:

- Individual Physical Therapy provided by a licensed Physical Therapist
- Individual Occupational Therapy provided by a licensed Occupational Therapist
- Individual Speech Therapy provided by a licensed Speech-Language Pathologist

The following conditions must be met to provide these services:

- Patient must be established.
- Parental or caregiver involvement is required during the session.
- The service must be provided using a real time audiovisual device.
- Sessions limited to 30 minutes each, with a max of 3 sessions per week.

The following services cannot be completed via telemedicine:

- Evaluations and re-evaluations. However, if an annual evaluation is due during this time, the deadline may be extended until the patient is able to come into the office.
- Services provided by Assistants.
- Group Services.

○ Parental Consultation: Effective, March 20th, 2020, Arkansas Medicaid will allow for parental consultation, codes T1014, U1; T1014, U2; and T1014, U3, to be provided via telehealth with no originating site restriction. The following conditions must be met:
  - Parent or caregiver must be present with a beneficiary who is under 18.
  - The patient must be established.
  - The service must be provided using a real time audiovisual device.
  - The service may be provided in 15-minute sessions w/ a maximum of 8 sessions per month, an extension can be requested if medically necessary.
  - Services must be prior authorized.

○ Behavioral Health:

- Effective March 18th, 2020 Arkansas Medicaid has waived the originating site requirements for certain behavioral health providers for a limited set of services as outlined below.

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<tr>
<th>AR MEDICAID BEHAVIORAL HEALTH TELEHEALTH CODES</th>
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<td>The below codes may be billed by Licensed Psychologists, Licensed Psychological Examiner (LPE), Licensed Psychological Examiner - Independent (LPE-I), Licensed Professional Counselors (LPC), Licensed Associate Counselors (LAC), Licensed Associate Marriage and Family Therapists (LMFT), Licensed Marriage and Family Therapists (LMFT), Licensed Clinical Social Workers (LCSW), Licensed Master Social Worker (LMSW)</td>
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<td>90832, U4, GT</td>
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<td>90837, U4, U5, GT</td>
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</table>

- Arkansas Medicaid has suspended the rule prohibiting telehealth for the below services, and therefore these services can be performed via telehealth during the PHE.

  ▪ Substance Abuse: CPT H0001, U4.
    - No effective date listed, date of memo: June 3rd, 2020

  ▪ Crisis Intervention: H2011, HA, U4 GT w/ POS 02.
    - No effective date listed, date of memo: April 7th, 2020.
    - Must be performed via audiovisual device.

  ▪ Marital/Family Behavioral Health Counseling with Beneficiary Present: 90847, U4, GT; 90847, U4, U5, GT – Substance Abuse; 90847, UC, UK, U4, GT – Dyadic Treatment w/ POS 02.
    - No effective date listed, date of memo: April 6th, 2020.

  ▪ Marital/Family Behavioral Health Counseling without Beneficiary Present: 90846, U4, GT w/ POS 02.
    - No effective date listed, date of memo: April 6th, 2020.

  ▪ Behavioral Health Well-Check Service: H2021, U4, GT. Limited to 1 encounter per day/5 encounters per week. Patient must be established, over the age of 18, and have an active TII or TIII Behavioral Health Independent Assessment. Only reimbursable to provider type 26, R6. Reimbursement rate set at $15 per encounter.
Mental Health Diagnosis: Arkansas Medicaid is suspending the rule limiting mental health diagnosis to be conducted via telehealth to only the adult population over the age of 21, and therefore CPT 90791, U4, GT can be utilized for beneficiaries under the age of 21.
- No effective date listed, date of memo: April 7th, 2020.

Applied Behavior Analysis (ABA) Therapy Provided by BCBA: Arkansas Medicaid will suspend the rule prohibiting the use of telehealth for limited Applied Behavior Analysis Therapy services (CPT 97155 EP & 97156 EP). The originating site restriction is also removed. To bill for these services, the following requirements must be met:
- Parent or caregiver must be present with the beneficiary.
- All services must be prior authorized.
- The patient must be established.
- Sessions are limited to 30 minutes a piece w/ a max of 3 sessions per week.
- The following services cannot be billed via telehealth:
  - Effective March 27th 2020
  - Evaluations and re-evaluations. However, if an annual evaluation is due during this time, the deadline may be extended until the patient is able to come into the office.
- RHC Audits: Arkansas Medicaid has noted: “To ensure the quality and consistency of care to Medicaid beneficiaries, DMS will coordinate with the Office of the Medicaid Inspector General (OMIG) to conduct retrospective reviews and audits of telemedicine services during this time. Please keep all records of services as required by Medicaid physician billing and telemedicine rules.”
- Effective Date: See the above allowable code section for effective dates based on services rendered. AR Medicaid will allow these telehealth services to be provided through the end of the PHE.
- HIPAA Compliant Platform: Arkansas Medicaid will allow telehealth visits to be performed via nonpublic facing, non-complaint, HIPAA platforms like FaceTime, Facebook Messenger, Skype, and Google Hangouts. However, they have specifically stated that communications for Virtual Check-Ins must be HIPAA compliant.
- Modifiers/POS:
  - Professional (1500) claims: Modifier GT and POS 02.
  - Facility (UB) Claims: Modifier GT
- Provider Type: Provider type varies based on code, see the “covered codes” section for additional details.
- Patient Type: The professional relationship requirement that required the provider to have an established relationship with the patient prior to utilizing telehealth to treat the patient has been waived. However, some services as noted in the “allowed codes section” still require an established relationship.
- Reimbursement: Reimbursement for services provided through telehealth will be on the same basis as for services provided in person.
- Transmission & Originating Site Fees: Arkansas Medicaid will allow an originating site to billed utilizing HCPCS Q3014 (originating site fee). T1014 (transmission fees) are allowed in certain instances as outlined in the “allowed codes section”.
- Video Component: Arkansas Medicaid has stated that “any technology deemed appropriate, including telephone, but must be real time, can be utilized.” However, some services, such as PT/OT/ST must have an audiovisual component.

Cost Share Waiver:

Arkansas Medicaid is waiving cost sharing for COVID-19 diagnostic testing through the end of the PHE.
The PASSE Model of Care is a state health plan created for Medicaid recipients with complex behavioral health, developmental, or intellectual disabilities. The care for these beneficiaries is managed by three payors: Arkansas Total Care, Empower Healthcare Solutions, and Summit Community Care.

These payors are following the State of Arkansas Medicaid guidance, including applicable billing modifiers, however some of the effective dates for services differ and some have added additional services, refer to the sections below for details on the differences for each PASSE payor.

The PASSE program does not apply member cost share to any medical necessity service, therefore there would be no member cost sharing for medically necessary telehealth and COVID-19 testing and care.

### Arkansas Total Care

Arkansas Total Care is following the State of Arkansas Medicaid guidance, with the following differences:

**Supplemental Services:**

- Per Arkansas Total Care, supplemental support service will be utilized as unforeseen problems arise that could cause disruptions in the beneficiary’s services, placement or place him/her at risk of institutionalization.
- Arkansas Total Care plans to utilize these supplemental services effective March 23, 2020 through the end of the PHE.
  - T2020 Modifier U1 – Telephonic service. This service should be used to check on members to ensure their health, safety, medical and BH needs are being met. This can be billed in 15-minute units and is limited to 6 units of service per week (1 ½ hours). The rate for this service is $7.55. No PA requirement.

### Empower Healthcare Solutions

Empower Healthcare Solutions is following the State of Arkansas Medicaid guidance, with the following differences:

**Effective Date Differences:**

- Physician Telehealth:
  - Effective Date: For physicians, the effective date of these changes is March 18th, 2020, however for nurse practitioners the effective date of these changes is March 31st, 2020.
- Physical, Occupational, and Speech Therapy:
  - Individual Therapy Services: Effective date March 23rd.
- Behavioral Health:

**Additional Behavioral Health Service Allowed:**

- Effective April 7th, 2020 Empower will allow providers to bill 90885 U4 via telehealth for Master Treatment Plan Services.

**Supplemental Support Services:**

- Providers should continue to bill Supportive Living (H2016 or H2016 TF) under the current approved budget.
- Hours needed for care of the member beyond the approved budget will need to be billed under the Supplemental Support Services code T2020, UA.
  - Bill 1 unit per day
  - Submit the total billed charges for the hours needed beyond the current approved budget.
  - Documentation should be available in the record regarding the reason for increased need in services.
  - Max allowed: $6,500
- Once the yearly max has been met for the code, the provider will need to request an Extension of Benefit for additional time/amount needed. Include in the EOB request the need for increased services such as closure of EIDT/ADDT, lack of available staff, etc.
Summit Community Care is following the State of Arkansas Medicaid guidance, with the following differences:

**Additional Behavioral Health Service Information:**

- Effective March 19th, 2020 Summit Community Care will allow the below listed providers to bill CPT 90885 U4 via telehealth for Master Treatment Plan Services.
  - Licensed Psychologists, Licensed Psychological Examiner (LPE), Licensed Psychological Examiner - Independent (LPE-I), Licensed Professional Counselors (LPC), Licensed Associate Counselors (LAC), Licensed Associate Marriage and Family Therapists (LAMFT), Licensed Marriage and Family Therapists (LMFT), Licensed Clinical Social Workers (LCSW), Licensed Master Social Worker (LMSW).
- Summit Community Care will allow the below listed providers to bill CPT 90885 U4 via telehealth for Master Treatment Plan Services.
  - Licensed Psychologists, Licensed Psychological Examiner (LPE), Licensed Psychological Examiner - Independent (LPE-I), Licensed Professional Counselors (LPC), Licensed Associate Counselors (LAC), Licensed Associate Marriage and Family Therapists (LAMFT), Licensed Marriage and Family Therapists (LMFT), Licensed Clinical Social Workers (LCSW), Licensed Master Social Worker (LMSW).
  - Summit Community Care will allow the below listed providers to bill CPT 90885 U4 via telehealth for Master Treatment Plan Services.
  - Licensed Psychologists, Licensed Psychological Examiner (LPE), Licensed Psychological Examiner - Independent (LPE-I), Licensed Professional Counselors (LPC), Licensed Associate Counselors (LAC), Licensed Associate Marriage and Family Therapists (LAMFT), Licensed Marriage and Family Therapists (LMFT), Licensed Clinical Social Workers (LCSW), Licensed Master Social Worker (LMSW).
- Summit Community Care will recognize IOP and PHP services that are rendered via telehealth with a revenue code (905, 906, 912, 913), plus CPT codes for specific behavioral health services.
- Summit Community Care will recognize psychiatric diagnostic evaluation (90791-90792), psychotherapy (90832-90838, 90839-90840, 90845-90847), and medication management (90863) and E&M codes (99211-99215) visits within the member’s benefits.
- Along with CPT 90791-0972, 90832-90838, 90839-90840, 90845-90847, and 90863, Summit Community Care will also recognize CPT 99441, 98966, 99442, 98967, 99334, and 98968 when care is provided via telephone only.
- Summit Community Care requires that IOP, PHP, psychological testing, and ABA services be provided via an audiovisual connection.

**Supplemental Support Services:**

- Summit Community Care will allow “telephonic intervention, which includes verbal phone conservations with the member regarding their condition, emotional and physical well-being, symptomology, etc. and includes gauging the needs of the member while in the home/community setting. The call can be used to assist the member with information about the pandemic, expectations, etc. The call can be used as a first step in implementing other interventions and/or interactions with the member based on the outcome of the call. Provider types eligible to bill this expanded service include clinics (provider type 24), outpatient behavioral health (provider type 26) and CES Waiver (provider type 67).”

<table>
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<th>Code</th>
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<th>Description</th>
<th>Unit of Measure</th>
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Payor Specific Key Points:

Effective January 1st, 2021

E-Visits/Telephone/Virtual Check Ins:

- **Allowable Codes:**
  - E-Visits: 99421-99423, 98970-98972
  - Interprofessional Consultation: 99446-99449, 99451, 99452
  - Remote Patient Monitoring: 99091, 99453, 99454, 99457-99458, 99473-99474
  - Telephone: Check Fee Schedule
  - Virtual Check-In: G2010, G2012, G2250-G2252

- **Effective Date:**
  - E-Visits, Interprofessional Consultations, Remote Patient Monitoring, Virtual Check-Ins: Permanently allowable per UHC Telehealth/Telemedicine Policy effective 01/01/2021
  - Telephone: N/A

- **Modifier/POS:** None
- **Patient Type:** CPT code specific

Telehealth:

- **Allowable Codes:** See Telehealth Allowable Codes table below for allowable code sets. UHC will also allow any code on CMS’ Covered Telehealth Services list during the national PHE.
  - PT/OT/ST Services: All PT/OT/ST Telehealth visits must be performed using live, interactive video conferencing that involves the presence of both parties at the same time and a communication link between them that allows a real-time audio and visual interaction to take place. E-mailing "stored" exercise videos and discussing or reviewing by phone is not reimbursable.
- **Effective Date:** UHC’s permanent Telehealth/Telemedicine Policy is effective 01/01/2021
  - Out of Network:
    - COVID-19 Testing Related Visits: March 18th, 2020-End of PHE
- **HIPAA Compliant Platform:** During the PHE, telehealth visits can be performed via non-compliant HIPAA platforms, such as FaceTime, Facebook Messenger, Skype, Google Hangouts and WhatsApp. After the PHE ends, visits must be performed over a HIPAA compliant platform.
- **Modifiers/POS:**
  - Professional (1500) claims: POS 02. Modifiers 95, GT, GQ, and G0 are not required to identify telehealth services but are accepted as information if reported on claims.
  - Facility (UB) claims: Revenue code 780 (allowable during the PHE only)
- **Provider Type:** Physician, nurse practitioner, physician assistant, nurse-midwife, clinical nurse specialist, registered dietitian or nutrition professional, clinical psychologist, clinical social worker, certified registered nurse anesthetists, physical therapists, occupational therapists, and speech therapists.
- **Reimbursement:** Reimbursement will be at the same rate as in-person face-to-face visits, refer to your UHC contract for allowable rates.
- **Originating Site:** UHC will recognize CMS designated originating sites considered eligible for furnishing telehealth services to a patient located in an originating site. Examples of CMS originating sites with a telpresenter: the office of a physician or practitioner, hospital, critical access hospital (CAH), rural health clinic (RHC), federally qualified health center (FQHC), hospital based renal dialysis center, skilled nursing facility (SNF), community mental health center (CMHC), mobile stroke unit, patient home-for monthly end stage renal, ESRD-related clinical assessments, for purposes of treatment of a substance use disorder or a co-occurring mental health disorder. UHC will also recognize home as an originating site for telehealth services (no telpresenter present)
- **Transmission & Originating Site Fees:** UHC will allow the originating site to submit a claim for services of the telpresenter using HCPS Q3014. T1014 is not eligible for payment, UHC considers these services as incidental to the charges associated with the E/M.
Video Component: Telehealth services must be performed over an audiovisual connection.

Cost Share Waiver:

COVID-19 Testing Related Telehealth:

- **In & Out of Network**: February 4th, 2020-End of PHE

### UHC ELEGIBLE TELEHEALTH CODES

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**Effective March 18th, 2020-December 31st, 2020**

**E-Visits/Telephone/Virtual Check Ins:**

- **Allowable Codes:**
  - E-Visits: 99421-99423, G2061-G2063
  - Telephone: 99441-99443, 98966-98968
  - Virtual Check-In: G2010, G2012

- **Effective Date:**
  - E-Visits: Previously Allowable
  - Virtual Check-In & Telephone:
    - In-Network:
      - In-Network: March 18th, 2020 through December 31st, 2020
    - Out of Network:
      - COVID-19 Visits:
        - Out-of-Network for COVID-19 Testing: March 18th, 2020-End of PHE
          - As of October 23rd, 2020, telehealth services will be covered according to the member’s benefit plan and UHC’s standard telehealth reimbursement policy.
      - Non-COVID-19 Visits:

Disclaimer: Although the data found here has been produced and processed from payer sources believed to be reliable, no warranty expressed or implied is made regarding accuracy, adequacy, completeness, legality, reliability or usefulness of any information.
Disclaimer: Although the data found here has been produced and processed from payer sources believed to be reliable, no warranty expressed or implied is made regarding accuracy, adequacy, completeness, legality, reliability or usefulness of any information.
Medicare Advantage:

- **Non COVID-19 Telehealth**: March 31\(^{\text{st}}\), 2020 - September 30\(^{\text{th}}\), 2020, UHC waived member cost sharing for all in-network telehealth visits for medical, outpatient behavioral, PT/OT/ST, chiropractic therapy, home health and hospice, and remote patient monitoring services, regardless of DX.
  - Effective October 1\(^{\text{st}}\), 2020, benefits will be adjudicated in accordance with the member’s benefit plan.

- **COVID-19 Testing Related Telehealth**:
  - **In & Out of Network**: February 4\(^{\text{th}}\), 2020-End of PHE

- **COVID-19 Treatment Related Telehealth**:
  - **In-Network**: February 4\(^{\text{th}}\), 2020-December 31\(^{\text{st}}\), 2020
  - **Out of Network**: February 4\(^{\text{th}}\), 2020-October 22\(^{\text{nd}}\), 2020

**UHC ELIGIBLE TELEHEALTH CODES**

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</tr>
<tr>
<td>90839  90958  90970  99862  99215  99357  G0408  G0421  G0446  G2088  G9489</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Codes Recognized with Modifier 95</th>
</tr>
</thead>
<tbody>
<tr>
<td>90791  90836  90847  90955  92227  93270  96116  98961  99204  99215  99308  99406</td>
</tr>
<tr>
<td>90792  90837  90863  90957  92228  93271  97802  98962  99205  99231  99309  99407</td>
</tr>
<tr>
<td>90832  90838  90951  90958  93228  93272  97803  99201  99212  99323  99310  99408</td>
</tr>
<tr>
<td>90833  90845  90952  90960  93229  93298  97804  99202  99213  99323  99354  99409</td>
</tr>
<tr>
<td>90834  90846  90954  90961  93268  96040  98960  99203  99214  99307  99355  99495/96</td>
</tr>
</tbody>
</table>

**Chiropractic**

| 99201  99203  99204  99205  99211  99212  99213  97110  97116  97530  97112  97535 |
| 97112  97535  97750  97755  97760  97761 |

**PT/OT/ST**

| 97161  97162  97163  97164  97110  97116  97530  97112  97535  97750  97755  97760 |
| 97761  97165  97166  97167  97168  92507  92521  92522  92523  92524  92526  96105 |
| 97129  97130 |

**Preventive Medicine and Applied Behavior Analysis**

| 99381  99382  99383  99384  99385  99396  99387  99391  99392  99393  99394  99395 |
| 99395  99396  99397  H0031  H0032  H2012  H2014  H2019  H2021  H2027 |

Disclaimer: Although the data found here has been produced and processed from payer sources believed to be reliable, no warranty expressed or implied is made regarding accuracy, adequacy, completeness, legality, reliability or usefulness of any information.
All major insurance companies have issued statements that costs will be waived for physician ordered diagnostic testing related to COVID-19 provided at approved locations in accordance with CDC guidelines. Self-insured plan sponsors are not required to implement the same policy. Other payors have gone a step further and issued waivers for other services.

<table>
<thead>
<tr>
<th>Payor</th>
<th>Cost Sharing Guidelines</th>
</tr>
</thead>
</table>
| Aetna          | **Commercial:**
|                |   • Effective March 6th, 2020 through June 4th, 2020, Aetna waived member cost sharing for in-network telemedicine visits, regardless of diagnosis.            |
|                |   • Effective June 5th, 2020 through January 31st, 2021, Aetna will waive member cost sharing for in-network telemedicine visits for behavioral health services only. |
|                | **Medicare Advantage:**
|                |   • Effective March 6th, 2020 through May 13th, 2020, Aetna will waive member cost sharing for in-network telemedicine visits, regardless of diagnosis.      |
|                |   • Effective May 13th, 2020 through January 31st, 2021, Aetna will waive member out-of-pocket costs for all in-network primary care and specialist visits, whether done in-office or via telehealth, for any reason. |
|                |   • Effective January 31st, 2021 through March 31st, 2021, Aetna will waive member cost sharing for in-network telehealth visits for primary care and behavioral health. |
| AR BCBS        | **Effective March 16th, 2020-April 21st, 2021** AR BCBS is waiving the member’s cost share for telehealth services, for any DX, as indicated by the highlighted codes in the telehealth code matrix in the “AR BCBS” section of this guide. |
| Cigna          | **Effective March 13th, 2020 through April 20th, 2021:** Cigna will waive member cost sharing for diagnostic testing and office visits/telehealth visits related to assessment and administration of diagnostic testing. Cigna will also waive member cost sharing for all virtual screening telephone consults (regardless of DX).  
|                | **Effective March 13th, 2020 through February 15th, 2021:** Cigna will waive member cost sharing for treatment related virtual care for a confirmed COVID-19 case.  
|                | Effective February 16th, 2021 Cigna will apply member cost sharing to all COVID-19 related treatment.                                                    |
| Medica         | **Effective March 1st, 2020 through April 30th, 2021:** Medica will waive cost-sharing for in-network telehealth visits when related to administration of a COVID-19 test. |
| Medicare       | **Effective March 18th, 2020-End of PHE:** Medicare will waive COVID-19 testing-related services, which are medical visits that result in an order for or administration of a COVID-19 test; are related to furnishing or administering such a test or to the evaluation of an individual for purposes of determining the need for such a test; and are in a specified set of HCPCS E/M codes |
| Arkansas Medicaid | Arkansas Medicaid is waiving cost sharing for COVID-19 diagnostic testing through the end of the PHE.  
|                | The PASSE program does not apply member cost share to any medical necessity service, therefore there would be no member cost sharing for medically necessary telehealth and COVID-19 testing and care. |
| UHC            | **Effective February 4th-End of PHE:** In & Out of Network-COVID-19 Testing Related Telehealth.                                                            |
On March 27th, 2020, the Coronavirus Aid, Relief, and Economic Security (CARES) Act was signed into law. As part of the CARES Act, Congress has authorized RHCs to be a “distant site” for telehealth visits, therefore allowing RHC practitioners to provide telehealth services.

- **Allowable Telehealth Codes:** During the COVID-19 PHE, providers can provide any telehealth service that is approved as a Medicare telehealth service under the Medicare Professional Fee Schedule (PFS) (see the Medicare Allowable Telehealth Code Table in the Medicare section).

- **Billing:**
  - Telehealth Services Provided January 27, 2020- June 30, 2020: RHCs must report HCPCS code G2025 on their claims with the CG modifier. Modifier “95” may also be appended but is not required.
    - Claims will be paid at the RHC’s all-inclusive rate (AIR).
    - Claims will automatically reprocess in July when the Medicare claims processing system is updated with the new payment rate.
    - RHCs do not need to resubmit these claims for the payment adjustment.
  - Telehealth Services Provided July 1, 2020 and Forward: RHCs will no longer need to append the CG modifier on claims with HCPCS code G2025. Modifier “95” may be appended but is not required.
  - COVID-19 Related Care: Append modifier CS

### RHC Claims for Telehealth Services from January 27, 2020 through June 30, 2020

<table>
<thead>
<tr>
<th>Revenue Code</th>
<th>HCPCS Code</th>
<th>Modifiers</th>
</tr>
</thead>
<tbody>
<tr>
<td>052X</td>
<td>G2025</td>
<td>CG (required) 95 (optional)</td>
</tr>
</tbody>
</table>

### RHC Claims for Telehealth Services starting July 1, 2020

<table>
<thead>
<tr>
<th>Revenue Code</th>
<th>HCPCS Code</th>
<th>Modifiers</th>
</tr>
</thead>
<tbody>
<tr>
<td>052X</td>
<td>G2025</td>
<td>95 (optional)</td>
</tr>
</tbody>
</table>

- **Cost Report:** Costs for furnishing distant site telehealth services will not be used to determine the RHC AIR rate but must be reported on the appropriate cost report form. RHCs must report both originating and distant site telehealth costs on Form CMS-222-17 on line 79 of the Worksheet A, in the section titled “Cost Other Than RHC Services.”

- **Cost Share Waiver:** Effective March 18th-the end of the COVID-19 PHE, Medicare is waiving cost sharing for specified categories of E/M services if they result in an order for or an administration of a COVID-19 test and relate to the furnishing or administration of such test or to the evaluation of an individual for purposes of determining the need for such test.
  - RHCs must waive collection of co-insurance from beneficiaries.
  - Apply CS modifier to the service item.
  - Claims with CS modifier will automatically reprocess July 1st, 2020.

- **Preventative Services:** If an RHC performs a preventive service via telehealth that is traditionally subject to a cost share waiver, then the RHC should apply a CS modifier to HCPCS G2025, even though the service is unrelated to COVID-19.

- **Reimbursement:** The RHC telehealth payment rate is set at $92.03 per visit, which is the average amount for all PFS telehealth services on the telehealth list, weighted by volume for those services reported under the PFS. This rate will apply to telehealth visits performed by independent or provider based RHCs.

- **Telephone Services:** Effective March 1st, 2020 RHCs can perform audio only telephone E/M services utilizing CPT codes 99441, 99442, and 99443.
  - RHCs can furnish and bill for these services using HCPCS code G2025.
  - At least 5 minutes of telephone E/M by physician or other qualified health care professional who may report E/M services must be provided to an established patient, parent, or guardian.
• Cannot be billed if they originate from a related E/M service provided within the previous 7 days or lead to an E/M service or procedure within the next 24 hours or soonest available appointment.

• **Virtual Check-Ins & E-Visits:** Medicare will allow RHCs to perform E-Visits (CPT codes 99421-99423), which are online digital E/M services that utilize a secure patient portal. Medicare will also allow RHCs to perform Virtual Check Ins (HCPCS G2012 and G2010).
  
  o RHCs should bill HCPCS G0071 if E-Visit or Virtual Check-In services are performed.
  
  o For claims submitted with G0071 on or after March 1, 2020, and for the duration of the COVID-19 PHE, payment for G0071 is set at the average of the national non-facility PFS payment rates for the 5 E-visits and Virtual Check-In codes, which is $24.76.
  
  o MACs will automatically reprocess any claims with G0071 for services furnished on or after March 1 that were paid at the CY 2020 rate of $13.53 before the claims processing system was updated.
  
  o **G0071:** Payment for communication technology-based services for 5 minutes or more of a virtual (non-face-to-face) communication between RHC or FQHC practitioner and RHC or FQHC patient, or 5 minutes or more of remote evaluation of recorded video and/or images by an RHC or FQHC.

**MEDICAID**

Effective April 28th, 2020 Arkansas Medicaid issued the below billable code for RHCs/FQHCs telehealth services:

<table>
<thead>
<tr>
<th>Code</th>
<th>Description</th>
<th>Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 28th-August 27th, 2020: T1015, U7, GT w/ POS 02</td>
<td>Distant site telemedicine services can be furnished by any health care practitioner working for the RHC or the FQHC within their scope of practice, if telemedicine is within their scope of practice (including the relaxed scope or practice rules during the public health emergency). Telemedicine encounters may not be billed in conjunction with a full, face-to-face encounter, but instead are considered part of that encounter. A nurse or other paraprofessional cannot provide telemedicine services exclusive of other licensed practitioners.</td>
<td>$58.32</td>
</tr>
<tr>
<td>August 28th, 2020-Forward: G2025 w/ POS 02</td>
<td>*Note if billing on UB you do not need POS.</td>
<td></td>
</tr>
</tbody>
</table>

  o A telemedicine service cannot be billed if a full, face-to-face encounter is provided seven days before the telemedicine service is billed or within 24 hours (or the next available appointment) after the encounter.
  
  o These services may be provided to a beneficiary in their home under previous rule suspensions lifting the originating site requirement.
  
  o Telemedicine services are not to be billed as an All-Inclusive Rate (AIR) or Prospective Payment (PPS).
  
  o Telemedicine services are to be reported on the cost report but will not be used to set future AIR and PPS rates or included in the annual cost settlement.

**FEDERALLY QUALIFIED HEALTH CENTERS**

**MEDICARE**

On March 27th, 2020, the Coronavirus Aid, Relief, and Economic Security (CARES) Act was signed into law. As part of the CARES Act, Congress has authorized FQHCs to act as a “distant site” for telehealth visits, therefore allowing FQHC practitioners to provide telehealth services.

• **Allowable Telehealth Codes:** During the COVID-19 PHE, FQHCs can furnish any telehealth service that is approved as a Medicare telehealth service under the PFS (see the Medicare Allowable Telehealth Code Table in the Medicare section).

Disclaimer: Although the data found here has been produced and processed from payer sources believed to be reliable, no warranty expressed or implied is made regarding accuracy, adequacy, completeness, legality, reliability or usefulness of any information.
Billing:
- **Telehealth Services Furnished January 27, 2020- June 30, 2020**: FQHCs should report 3 HCPCS/CPT codes: the FQHC Prospective Payment System (PPS) specific payment code (G0466, G0467, G0468, G0469, or G0470); the HCPCS/CPT code that describes the services furnished via telehealth with modifier 95; and G2025 with modifier 95.
  - Must be an FQHC qualifying visit.
  - These claims will be paid at the FQHC PPS rate until June 30th, 2020.
  - Claims will be automatically reprocessed beginning July 1st, 2020 at the $92.03 rate.
  - FQHCs do not need to resubmit these claims for payment adjustment.
  - Telehealth Services Furnished for Non-Qualifying FQHC Visits: FQHCs would need to hold these visits until July 1st, 2020 and then bill with HCPCS code G2025.
- **Telehealth Services Furnished July 1, 2020 and Forward**: FQHCs will only need to submit HCPCS code G2025. Modifier “95” may be appended but is not required.
- **COIVD-19 Related Care**: Append modifier CS

<p>| FQHC Claims for Telehealth Services January 27, 2020 through June 30, 2020 |
|-----------------------------------|-----------------|-----------------|</p>
<table>
<thead>
<tr>
<th>Revenue Code</th>
<th>HCPCS Code</th>
<th>Modifiers</th>
</tr>
</thead>
<tbody>
<tr>
<td>052X</td>
<td>FQHC Specific Payment Code- G0466, G0467, G0468, G0469, G0470</td>
<td>None</td>
</tr>
<tr>
<td>052X</td>
<td>FQHC PPS Qualifying Payment Code</td>
<td>95</td>
</tr>
<tr>
<td>052X</td>
<td>G2025</td>
<td>95</td>
</tr>
</tbody>
</table>

<p>| FQHC Claims for Telehealth Services Starting July 1, 2020 |
|-----------------------------------|-----------------|-----------------|</p>
<table>
<thead>
<tr>
<th>Revenue Code</th>
<th>HCPCS Code</th>
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</tr>
</thead>
<tbody>
<tr>
<td>052X</td>
<td>G2025</td>
<td>95 (optional)</td>
</tr>
</tbody>
</table>

- **Cost Report**: Costs for furnishing distant site telehealth services will not be used to determine the FQHC PPS rate but must be reported on the appropriate cost report form. FQHCs must report both originating and distant site telehealth costs on Form CMS-224-14, the Federally Qualified Health Center Cost Report, on line 66 of the Worksheet A, in the section titled “Other FQHC Services”.
- **Cost Share Insurance Waiver**: Effective March 18th-the end of the COVID-19 PHE, Medicare is waiving cost sharing for specified categories of E/M services if the service results in an order for or an administration of a COVID-19 test and relate to the furnishing or administration of such test or to the evaluation of an individual for purposes of determining the need for such test.
  - FQHCs must waive collection of co-insurance from beneficiaries.
  - Apply CS modifier to the service item.
  - Claims with CS modifier will automatically reprocess July 1st, 2020.
- **Preventative Services**: If an FQHC performs a preventative service via telehealth that is traditionally subject to a cost share waiver, then the FQHC should apply a CS modifier to HCPCS G2025, even though the service is unrelated to COVID-19.
- **Reimbursement**: The FQHC telehealth payment rate is set at $92.03 per visit, which is the average amount for all PFS telehealth services on the telehealth list, weighted by volume for those services reported under the PFS.
- **Telephone Services**: Effective March 1st, 2020 FQHCs can perform audio only telephone E/M services utilizing CPT codes 99441, 99442, and 99443.
  - FQHCs can furnish and bill for these services using HCPCS code G2025.
  - At least 5 minutes of telephone E/M by physician or other qualified health care professional who may report E/M services must be provided to an established patient, parent, or guardian.
  - Cannot be billed if they originate from a related E/M service provided within the previous 7 days or lead to an E/M service or procedure within the next 24 hours or sooner available appointment.
- **Virtual Check-Ins & E-Visits**: Medicare will allow FQHCs to perform E-Visits (CPT codes 99421-99423), which are online digital E/M services that utilize a secure patient portal. Medicare will also allow FQHCs to perform Virtual Check Ins (HCPCS G2012 and G2010).
o FQHCs should bill HCPCS G0071 if E-Visit or Virtual Check-In services are performed.
o For claims submitted with G0071 on or after March 1, 2020, and for the duration of the COVID-19 PHE, payment for G0071 is set at the average of the national non-facility PFS payment rates for the 5 E-visits and Virtual Check-In codes, which is $24.76.
o MACs will automatically reprocess any claims with G0071 for services furnished on or after March 1 that were paid at the CY 2020 rate of $13.53 before the claims processing system was updated.
o G0071 Definition: Payment for communication technology-based services for 5 minutes or more of a virtual (non-face-to-face) communication between an RHC or FQHC practitioner and RHC or FQHC patient, or 5 minutes or more of remote evaluation of recorded video and/or images by an RHC or FQHC.

**MEDICAID**

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<tr>
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<td>Distant site telemedicine services can be furnished by any health care practitioner working for the RHC or the FQHC within their scope of practice, if telemedicine is within their scope of practice (including the relaxed scope or practice rules during the public health emergency). Telemedicine encounters may not be billed in conjunction with a full, face-to-face encounter, but instead are considered part of that encounter. A nurse or other paraprofessional cannot provide telemedicine services exclusive of other licensed practitioners.</td>
<td>$58.32</td>
</tr>
<tr>
<td><strong>August 28th, 2020-Forward:</strong> G2025 w/ POS 02</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Note if billing on UB you do not need POS.*

- A telemedicine service cannot be billed if a full, face-to-face encounter is provided seven days before the telemedicine service is billed or within 24 hours (or the next available appointment) after the encounter.
- These services may be provided to a beneficiary in their home under previous rule suspensions lifting the originating site requirement.
- Telemedicine services are not to be billed as an All-Inclusive Rate (AIR) or Prospective Payment (PPS).
- Telemedicine services are to be reported on the cost report but will not be used to set future AIR and PPS rates or included in the annual cost settlement.

**HOSPITAL OUTPATIENT**

The following list is a summary of telehealth services that some payors are allowing – see payor’s allowable telehealth code list in the payor’s section.

- **Professional Fees** such as emergency department visits, initial and subsequent observation and observation discharge day management, initial and subsequent hospital care and hospital discharge day management, critical care services, initial and continuing intensive care services, etc.
- **Diabetes management training** (individual & group) and **individual medical nutritional** (initial and subsequent) are allowed by most payors. CMS, along with many other payors, considers Registered Dietitians and Nutritional Professionals as eligible telehealth clinicians.
- **Facility Fees:** If the patient is not coming into the hospital, you cannot bill your normal facility fee, except for Medicare.
  - Effective April 30th, 2020, Medicare is allowing hospitals to bill as the originating site for telehealth services furnished by hospital-based practitioners to Medicare patients registered as hospital outpatients, including when the patient is located at home.

**Commercial Billing:**

- **Professional (1500 Form):** Utilize POS and modifiers as notated in each payor section.
- **Facility (UB Form):** Utilize modifiers, revenue codes, and/or condition codes as notated in each payor section.
Medicare Billing:

- **Professional Services:**
  - **PPS Professional Fees (1500 Form):** When a physician or nonphysician practitioner who typically furnishes professional services in a hospital outpatient department furnishes telehealth services during the COVID-19 PHE, including when the patient is at home, then bill with a hospital outpatient POS with modifier 95. The physician is paid under the physician fee schedule (PFS) at the facility rate.
  - **Method II CAH (UB Form):** Utilize modifier GT when a physician performs services within the hospital outpatient department.

- **Facility (UB Form):** CMS-5531-IFC specifically outlines appropriate billing for hospitals during the COVID-19 pandemic.
  - **CAHs:** The extraordinary circumstances policy in CMS-5531-IFC only applies to PPS hospitals and to services paid on OPPS. **It does not apply to CAHs.**
    - **CAH PT/OT/S:** Append modifier 95 if therapy services are provided via telehealth.

  - **PPS Hospitals:**
    - Hospital OP services reimbursed at the OPPS rate (i.e. diabetic management services, behavioral health, etc.), have the following choices:
      - Utilize the extraordinary circumstances policy, appending a PO modifier reimbursed at the OPPS rate.
      - Not utilize the extraordinary circumstances policy appending a PN modifier and DR condition code which is reimbursed a using the Physician Fee Schedule (PFS).

For details on the requirements to utilize either option, including notification requirements to CMS, see the following link: [https://www.cms.gov/files/document/covid-medicare-and-medicaid-ifc2.pdf](https://www.cms.gov/files/document/covid-medicare-and-medicaid-ifc2.pdf)

- **Medicare FAQ:**
  - **Question:** When hospital clinical staff furnish a service using telecommunication technology to the patient who is a registered outpatient of the hospital and the hospital makes the patient’s home provider-based to the hospital as a temporary expansion site, should the hospital bill using the telehealth modifier (modifier 95)?
  - **Answer:** No. In this situation the hospital is furnishing an outpatient hospital service, not a telehealth service, to a patient in a temporarily relocated department of the hospital as discussed at 85 FR 27560. Accordingly, the hospital would bill as it ordinarily would bill and would include the DR condition code or CR condition code (as applicable) on the claim. If the situation involves a relocation of an on-campus or excepted off-campus provider-based department to an off-campus hospital location, the hospital would bill using the PO modifier (service provided at an excepted off-campus provider-based department) only if the hospital requests an extraordinary circumstances relocation request within 120 days of the date the temporary expansion site is made provider-based to the hospital; otherwise, the hospital would append the PN modifier (service provided at a non-excepted off-campus location) [https://www.cms.gov/files/document/03092020-covid-19-faqs-508.pdf](https://www.cms.gov/files/document/03092020-covid-19-faqs-508.pdf)

  - **OP services already paid on the PFS (i.e. OT, PT, Speech), are billed on a UB with modifier 95 for services on the telehealth list. If the telehealth service performed is NOT on the telehealth list, the PN or PO modifier will apply.**

  - **Medicare FAQ:**
    - **Question:** How do hospitals bill for outpatient therapy services furnished by employed or contracted therapists using telecommunications technology on the UB-04 claim form during the COVID-19 PHE?  
    - **Answer:** There are two options available to hospitals and their therapists.
      1.) A hospital could choose to bill for services furnished by employed/contracted PTs, OTs, or SLPs through telehealth, meaning that they would identify furnished services
on the telehealth list (https://www.cms.gov/Medicare/Medicare GeneralInformation/Telehealth/Telehealth-Codes), they would bill these services on a UB-04 with a “-95” modifier on each line for which the service was delivered via telehealth. No POS code is required (and there is no location for it on the UB-04).

2.) A hospital could, instead, use the flexibilities available under the Hospital Without Walls initiative. The hospital would register the patient as a hospital outpatient, where the patient’s home acts as a provider-based department of the hospital. The hospital’s employed/contracted PT, OT, SLP would furnish the therapy care that the hospital believed could be furnished safely and effectively through telecommunications technology. The hospital is not limited to services included on the telehealth list (since these would not be considered telehealth services), but must ensure the care can be fully furnished remotely using telecommunications technology. The hospital would bill as if the therapy had been furnished in the hospital and the applicable PO/PN modifier would apply for the patient’s home since it would be serving as an off-campus department of the hospital. The option to bill for telehealth services, along with the -95 modifier, furnished by employed/contracted PTs, OTs, and SLPs using applicable audio-visual telecommunications technology applies to the following types of hospitals and institutions: Hospital – 12X or 13X (for hospital outpatient therapy services); Skilled Nursing Facility (SNF) – 22X or 23X (SNFs may, in some circumstances, furnish Part B PT/OT/SLP services to their own long-term residents); Critical Access Hospital (CAH) – 85X (CAHs may separately provide and bill for PT, OT, and SLP services on 85X bill type); Comprehensive Outpatient Rehabilitation Facility (CORF) – 75X (CORFs provide ambulatory outpatient PT, OT, SLP services); Outpatient Rehabilitation Facility (ORF) – 74X (ORFs, also known as rehabilitation agencies, provide ambulatory outpatient PT and SLP, as well as OT services); and Home Health Agency (HHA) – 34X (agencies may separately provide and bill for outpatient PT/OT/SLP services to persons in their homes only if such patients are not under a home health plan of care)


- **Originating Site:** During the COVID-19 PHE, if the beneficiary’s home or temporary expansion site is considered to be a provider-based department of the hospital, and the beneficiary is registered as an outpatient of the hospital for purposes of receiving telehealth services billed by the physician or practitioner, the hospital may bill under the PFS for the originating site facility fee associated with the telehealth service

### PT/OT/ST

Virtual visits for physical therapy, occupational therapy, and speech therapy have been a point of confusion for many hospitals and stand-alone therapists. The two main points of confusion are:

1.) If physical, occupational, and speech therapists are considered by the payor a provider qualified to perform telehealth services.

2.) If hospital-based physical, occupational, and speech therapists that bill for services on a UB-04 under the hospital NPI can perform virtual visits.

See the below matrix to determine what virtual visit codes therapists can bill. Telephone codes are not represented within the below matrix, as most payors have determined that PT/OT/ST services must be furnished via an audiovisual connection.

Note-Since most major payors allow for PT/OT/ST codes to be performed utilizing telehealth, our recommendation would be to utilize those codes where possible over the E-Visit codes due to reimbursement variances.

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<table>
<thead>
<tr>
<th>Payor</th>
<th>Telehealth Codes</th>
<th>E-Visits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aetna</td>
<td><strong>ALLOWABLE</strong></td>
<td><strong>1500 FORM-ALLOWABLE</strong></td>
</tr>
<tr>
<td></td>
<td>• Allowable PT/OT/ST code set is available in the “Aetna” section of this guide.</td>
<td>Individually enrolled therapists can bill CPT 98970 - 98972 or G2061-G2063 for E-visits.</td>
</tr>
<tr>
<td></td>
<td>• PT/OT/STs are considered providers eligible to bill for telehealth services.</td>
<td><strong>UB FORM-UNCLEAR</strong></td>
</tr>
<tr>
<td></td>
<td>• 1500 Form: Utilize modifier GT or 95 and POS 02. UB Form: Utilize GT or 95 modifier.</td>
<td>No guidance for hospital-based therapists.</td>
</tr>
<tr>
<td>Arkansas BCBS</td>
<td><strong>ALLOWABLE</strong></td>
<td><strong>NOT ALLOWABLE</strong></td>
</tr>
<tr>
<td></td>
<td>• Allowable PT/OT/ST code set is available in the “Arkansas BCBS” section of this guide.</td>
<td>E-visit codes are not on the allowable code set for PT/OT/ST providers.</td>
</tr>
<tr>
<td></td>
<td>• PT/OT/STs are considered providers eligible to bill for telehealth services.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• 1500 Form: Utilize modifier GT or 95 and POS 02. UB Form: Utilize modifier GT or 95.</td>
<td></td>
</tr>
<tr>
<td>Cigna</td>
<td><strong>ALLOWABLE</strong></td>
<td><strong>NOT ALLOWABLE</strong></td>
</tr>
<tr>
<td></td>
<td>• PT/OT/STs can provide therapy services on their fee schedule, if appropriate to be provided via telehealth.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• PT/OT/STs are considered providers eligible to bill for telehealth services.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• 1500 Form: Utilize modifier GT or 95 and in person POS. UB Form: Not Allowable as of January 1st, 2021</td>
<td></td>
</tr>
<tr>
<td>Medica</td>
<td><strong>ALLOWABLE</strong></td>
<td><strong>1500 FORM-ALLOWABLE</strong></td>
</tr>
<tr>
<td></td>
<td>• Allowable PT/OT/ST code set is available in the “Medica” section of this guide.</td>
<td>Individually enrolled therapists can bill CPT 98970 - 98972 or G2061-G2063 for E-visits.</td>
</tr>
<tr>
<td></td>
<td>• PT/OT/STs are considered providers eligible to bill for telehealth services.</td>
<td><strong>UB FORM-UNCLEAR</strong></td>
</tr>
<tr>
<td></td>
<td>• 1500 Form: Utilize modifier GT or 95 and POS 02. UB Form: Utilize GT or 95 modifier.</td>
<td>No guidance for hospital-based therapists.</td>
</tr>
<tr>
<td>Medicare</td>
<td><strong>ALLOWABLE</strong></td>
<td><strong>1500 FORM-ALLOWABLE</strong></td>
</tr>
<tr>
<td></td>
<td>• Allowable PT/OT/ST code set is available in the “Medicare” section of this guide.</td>
<td>Individually enrolled therapists can bill G2061-G2063 for E-visits.</td>
</tr>
<tr>
<td></td>
<td>• PT/OT/STs are considered providers eligible to bill for telehealth services.</td>
<td><strong>UB FORM-UNCLEAR</strong></td>
</tr>
<tr>
<td></td>
<td>• PT/OT/ST services can be furnished to a beneficiary in their home by a hospital-based therapist when the beneficiary is registered as an outpatient of the hospital and the hospital considers the beneficiary’s home to be a provider-based department of the hospital.</td>
<td>No guidance for hospital-based therapists, however these codes are marked with a non-payable status indicator in the OPPS fee schedule, therefore they are most likely not reimbursable on a UB.</td>
</tr>
<tr>
<td></td>
<td>• 1500 Form: Utilize POS for in person visit and 95 modifier. UB Form: Utilize 95 modifier.</td>
<td></td>
</tr>
<tr>
<td>Arkansas Medicaid</td>
<td><strong>ALLOWABLE</strong></td>
<td><strong>NOT ALLOWABLE</strong></td>
</tr>
<tr>
<td></td>
<td>• Allowable PT/OT/ST code set is available in the “Arkansas Medicaid” section of this guide.</td>
<td>E-visit codes are not on the allowable code set for Arkansas Medicaid.</td>
</tr>
<tr>
<td></td>
<td>• PT/OT/STs are considered providers eligible to bill for telehealth services.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• 1500 Form: Utilize modifier GT and POS 02. UB Form: Utilize GT modifier.</td>
<td></td>
</tr>
<tr>
<td>UHC</td>
<td><strong>ALLOWABLE</strong></td>
<td><strong>1500 FORM-ALLOWABLE</strong></td>
</tr>
<tr>
<td></td>
<td>• Allowable PT/OT/ST code set is available in the “UHC” section of this guide.</td>
<td>Individually enrolled therapists can bill 98970 - 98972 for E-visits.</td>
</tr>
<tr>
<td></td>
<td>• 1500 Form: POS 02. UB Form: Modifier 95 and revenue code 780.</td>
<td><strong>UB FORM-NOT ALLOWABLE</strong></td>
</tr>
</tbody>
</table>

Disclaimer: Although the data found here has been produced and processed from payer sources believed to be reliable, no warranty expressed or implied is made regarding accuracy, adequacy, completeness, legality, reliability or usefulness of any information.
The Office of Civil Rights (OCR) has issued the below statement, and therefore Medicare and most other payors are allowing non-HIPAA compliant software to be used for virtual visits. However, some payors have still not waived this as requirement for payment. Refer to the HIPAA compliant statement within each payor section, or if the payor is not listed within this guide, reach out to the payor to verify their telehealth platform requirements.

Please note that public facing platforms are NOT allowed, such as Facebook Live, TikTok, Snapchat, etc.

The Office for Civil Rights (OCR) at the Department of Health and Human Services (HHS) is responsible for enforcing certain regulations issued under the Health Insurance Portability and Accountability Act of 1996 (HIPAA), as amended by the Health Information Technology for Economic and Clinical Health (HITECH) Act, to protect the privacy and security of protected health information, namely the HIPAA Privacy, Security and Breach Notification Rules (the HIPAA Rules).

During the COVID-19 national emergency, which also constitutes a nationwide public health emergency, covered health care providers subject to the HIPAA Rules may seek to communicate with patients, and provide telehealth services, through remote communications technologies. Some of these technologies, and the manner in which they are used by HIPAA covered health care providers, may not fully comply with the requirements of the HIPAA Rules.


REFERENCES & RESOURCES

Aetna:
https://navinet.navimedix.com/
https://www.aetna.com/individuals-families/member-rights-resources/covid19.html

Arkansas BCBS:
https://www.arkansasbluecross.com/providers/medical-providers/providers-news

Arkansas Department of Human Services:

AR Medicaid:
https://medicaid.mmis.arkansas.gov/Provider/Provider.aspx#covidresp
https://medicaid.mmis.arkansas.gov/Provider/Docs/physicn.aspx

Arkansas Total Care:
https://www.arkansastotalcare.com/providers/coronavirus-information.html

HHS
https://www.hhs.gov/hipaa/for-professionals/special-topics/emergency-preparedness/index.html

Cigna:

CMS: