

Bio: R.J. Elbin, PhD



Dr. R.J. Elbin, PhD, is an Assistant Professor in Exercise Science at the University of Arkansas and Director of the Office for Sport Concussion Research.

He received a doctorate in Kinesiology from Michigan State University in 2010 and completed a two-year post-doctoral research fellowship at the University of Pittsburgh Medical Center Sports Medicine Concussion Program.

Dr. Elbin's research focuses on developing best practice for concussion education; identifying factors that contribute to concussion risk and prolonged recovery; and documenting the persistent effects of concussion on neurocognitive, psychosocial, and vestibular/oculomotor functioning in youth and adolescent athletes.

He has published more than 60 peer-reviewed publications and presented more than 100 professional lectures on sport-related concussion.